



# Mark Murphy

Part of  Foodservice



## Ingredients - Dairy - Bakery

### Fine Foods





## ABOUT US

We are proud to introduce our extensive range of ingredients, Fine Foods, dairy, bakery, dry goods and kitchen essentials – all carried in stock and available for inclusion with your next fruit & veg delivery.

Mark Murphy demonstrate our support to local suppliers every day by sourcing – and often collecting on backhaul - products from more than 100 Scottish suppliers and growers so look out for these items when browsing the brochure.

We are privileged to hold the Royal Warrant to supply fresh produce to His Majesty, King Charles, and we have provided the royal kitchens with the same commitment, enthusiasm and great food that we deliver to all our customers.

We deliver across the country six days per week from our depots in Aberdeen, Edinburgh, Pitlochry and Turriff.

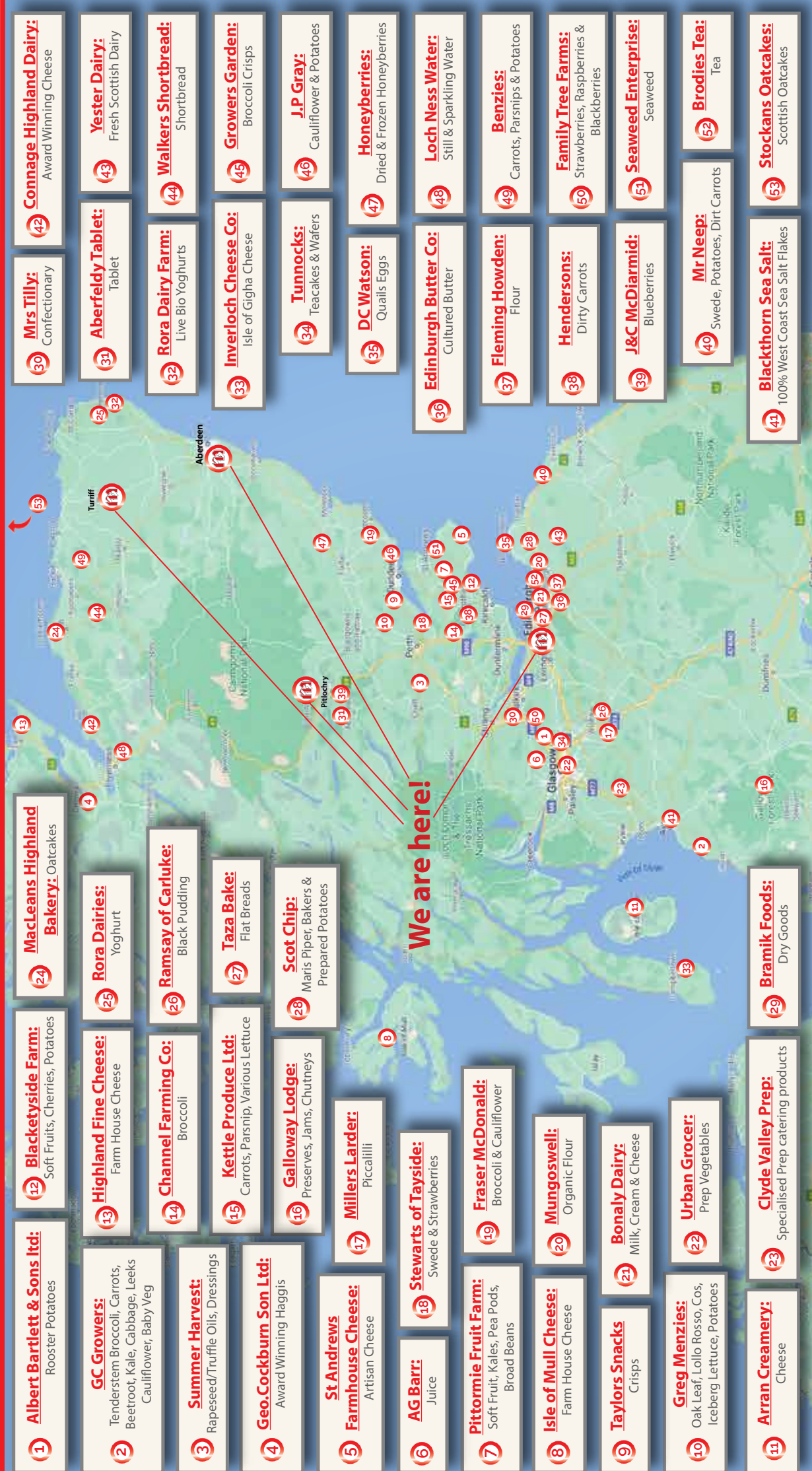
Simply add any of these quality products to your next fresh produce order. No need to buy in bulk – just buy what you need, when you need it and for added convenience do it at your leisure using our fully integrated customer app.



By Appointment to  
His Majesty The King  
Supplier of Fresh Produce  
Dole Limited t/a  
Mark Murphy







Mark Murphy, 1 Bankhead Way, Edinburgh, EH11 4FB

Tel: 0131 458 6060 (opt 1) [www.markmurphytp.com](http://www.markmurphytp.com)

## Foodservice

### So Why Mark Murphy?

- One-stop shop for fresh produce, Scottish dairy, foodservice and fine food products.
- Fully integrated Customer App to make ordering even more simple and convenient for you
- BRC accredited AA+ site with fully functional HACCP plan.
- Fully refrigerated fleet of vehicles with Van Excellence awards.
- Introduction of our first electric vehicle, in 2023.
- Awarded prestigious Royal Warrant for quality and service.
- FPC Fresh Awards UK Food Service Supplier of the year 2023.
- Place your order in the evening for next day delivery .
- Local sales team servicing your business.
- State of the art fully refrigerated warehouse with modern energy efficient facilities.
- Supporting more than 100 local companies by purchasing locally grown and produced goods.
- Monthly market reports, keeping you up to date with seasonal changes and market trends.
- Supplier of choice to the professional chef.







# You can now order on our new App

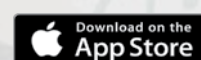
- Save time with in-app 24hr ordering
- Browse our full range of products
  - Build Custom Shopping Lists
  - Save Product Favourites
- See all current promotions
  - View order history

Give the app a try, your order from the last 90 days is already preloaded when you first log in! So you can reorder your favourite items straight away.

Download the **Mark Murphy Foodservice** app now on **Google Play Store** or the **App Store** on iOS.



To **Activate** the new App, please contact our Mark Murphy Sales Team at [orders@markmurphydole.com](mailto:orders@markmurphydole.com)



Mark Murphy  
Part of **Dole** Foodservice

# CONTACTS

## Telesales / Answerphone Options

0131 458 6060

1. Sales
2. Customer Service
3. Procurement
4. Accounts

## Email

[orders@markmurphydole.com](mailto:orders@markmurphydole.com)

## Address

Dole Ltd t/a Mark Murphy,  
1 Bankhead Way, Sighthill Industrial Estate,  
EH11 4FB

## Website

[www.dole.co.uk](http://www.dole.co.uk)

## Twitter

@totaledinburgh

## Threads

@markmurphyTP

## Facebook

@markmurphyTP

## Instagram

@markmurphyTP

## YouTube

Mark Murphy TP

## Telesales Opening Times

### Daytime Telesales

(backed up by answerphone service)

06:00 – 17:00 Monday to Friday  
08:00 – 13:00 Saturday

### Evening Telesales

(backed up by answerphone service)

17:00 – 06:00 Sunday to Friday

### Out of Hours Answerphone

13:00 Saturday to 12:00 Noon Sunday

All orders must be placed by 22:00 for delivery the following day.

Prices quoted in this brochure are correct at the time of going to press but may be subject to change.





# SCOTTISH SEA SALT FLAKES



### Blackthorn Salt

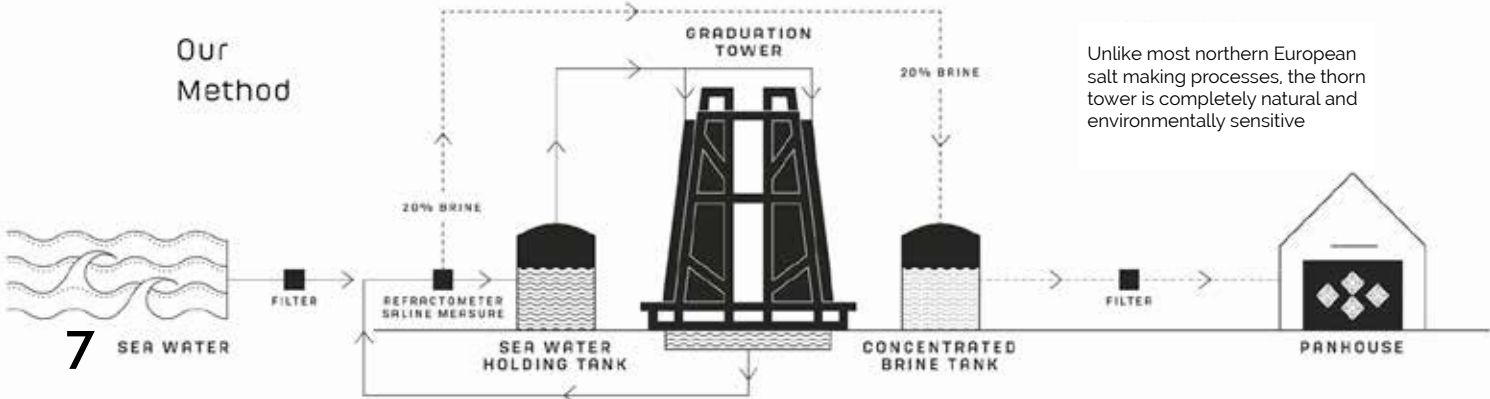
Code: **33015** Size: **1.4kg**  
Unit: **each** Price: **£29.99**



### Blackthorn Salt

Code: **33018** Size: **240g**  
Unit: **each** Price: **£5.99**

Naturally Crafted On The West Coast By  
Wind, Sea and Thorns.



### Salt

11712	Maldon Sea Salt Tub	1.4kg	£17.69
11544	Maldon Smoked Salt	500g	£11.19
11203	Coarse Sea Salt	1kg	£0.79
26544	Fine Sea Salt	1kg	£0.79
10006	Table Salt	6kg	£5.99
33015	Blackthorn - Scottish Sea Salt Flakes	1.4kg	£29.99
33018	Blackthorn - Scottish Sea Salt Flakes	240g	£5.99

### Pepper

28058	Cracked Black Pepper	425g	£6.99
28061	Ground Black Pepper	500g	£6.69
28057	Whole Black Peppercorns	500g	£8.89
28062	Ground White Pepper	550g	£9.09
28059	Whole Pink Peppercorns	200g	£8.49
28060	Whole White Peppercorns	575g	£12.49
11204	Green Peppercorns in Brine	750g (450g NDW)	£7.89

### Herbs

17009	Dried Basil	150g	£2.49
17010	Bay Leaves	40g	£1.79
17016	Mixed Herbs	130g	£2.49
17013	Italian Seasoning	150g	£2.39
17015	Marjoram	125g	£3.09
17017	Mint	120g	£2.29
17018	Oregano	100g	£2.59
17019	Parsley	100g	£2.49
17020	Rosemary Needles	200g	£2.09
17021	Sage	140g	£2.49
17022	Tarragon	90g	£3.29
17023	Thyme	210g	£3.19





## Making salt for four generations

Since 1882, our salt has been made with the same traditional artisan methods in the coastal town of Maldon. It is unchanging yet ever-changing, constant yet continuously challenging. However, the salt always remains the same.



### Maldon Smoked Sea Salt

500g

**£11.19**

code 11544



### Maldon Flaked Sea Salt

1.4kg

**£17.69**

code 11712

## A FAMILY BUSINESS



# HERBS & SPICES

## Spices

11552	Ground Allspice	250g	£7.79
1023	Ground Arrowroot	500g	£3.99
17024	Cajun Spice	500g	£5.19
33145	Caraway Seeds	500g	£4.99
17025	Cardamon Pods	285g	£22.19
17026	Cayenne Pepper	450g	£4.99
17032	Crushed Chillies	260g	£4.79
17028	Chilli Powder	450g	£5.39
10636	Cinnamon Sticks	75g	£3.89
17033	Whole Cloves	350g	£12.99
11571	Coriander Seeds	175g	£1.59
17029	Chinese Five Spice	450g	£6.79
17030	Ground Cinnamon	450g	£6.59
17034	Ground Coriander	400g	£2.99
17035	Ground Cumin	400g	£6.29
17036	Cumin Seeds	450g	£8.89
17037	Madras Curry Powder	400g	£3.59
17038	Mild Madras Curry Powder	400g	£3.69
33146	Fennel Seeds	330g	£3.49
17041	Garam Masala	405g	£4.29
17042	Garlic Powder	500g	£4.29
17043	Ground Ginger	400g	£4.19
33002	Juniper Berries	300g	£11.99
17008	Dry Kaffir Lime Leaves	15g	£2.19
10857	Lavender Flowers	100g	£3.79
33138	Mustard Powder	450g	£5.99
33140	Ground Nutmeg	450g	£6.89
33141	Onion Powder	500g	£4.89
11209	Smoked Paprika	450g	£4.99
11208	Ground Paprika	480g	£5.39
33142	Piri Piri Seasoning	400g	£4.99
33025	Ras el Hanout	200g	£5.79
11207	Saffron Strands	1g	£3.19
33137	Mixed Spice	450g	£4.99
10634	Star Anise	100g	£5.49
35011	Truffle Dust	65g	£9.49
33143	Ground Turmeric	550g	£3.69
11274	Vanilla Extract	100ml	£8.79
10091	Vanilla Paste	100ml	£14.89
11563	Vanilla Pods	10's	£13.99





# GOLF BALLS



Developed with a Masterchef to create not only a Better For You Product/Healthier Product versus normal snacks but a product that tastes and eats like a confectionery product.

**Protein Snack**  
**£12.99**



**Peanut Butter**

Code 15024  
**10 x 45gm**



**Salted Caramel**

Code 15020  
**10 x 45gm**

**Go the extra distance with these indulgent bite-sized balls.**

- ENERGY BOOSTING: Each protein ball is packed with high-quality proteins and vitamins D3 & B12, perfect for sustaining energy on the golf course.
- SCOTTISH TRADITION: Inspired by the home of golf, these St. Andrews Bakery snacks merge Scotland's rich golfing heritage with nutritious snacking.
- GUILT-FREE INDULGENCE: Enjoy the luxurious taste of salted caramel without added sugars or artificial sweeteners, made with 100% natural ingredients.
- SUITABLE FOR VEGETARIANS: Gluten-free for wider enjoyment, high in fibre, rich in vitamins, and suitable for a vegetarian-friendly diet.
- CONVENIENT PACKAGING: Packed in handy 45g bags, perfect for stashing in your golf bag for a mid-round protein boost or any time of the day.



# BELGIAN CHOCOLATE



code 10312

**£60.99** 2.5kg

**Callebaut Extra Bitter Chocolate Callets**

(70.5% cocoa)



code 5077

**£49.99** 2.5kg

**Callebaut White Chocolate Callets**

(28% cocoa)



code 10313

**£50.59** 2.5kg

**Callebaut Dark Chocolate Callets**

(54.5% cocoa)



code 5053

**£57.99** 2.5kg

**Callebaut Milk Chocolate Callets**

(33.6% cocoa)



code 29206

**£27.99** 1kg

**Plein Arôme Cocoa Powder**

(100% cocoa)



code 5247

**£56.99**

**Callebaut White Chocolate Mousse**

(58.5% cocoa) 800g



code 5246

**£27.59**

**Callebaut Milk Chocolate Mousse**

(70% cocoa) 800g



code 5245

**£25.69**

**Callebaut Dark Chocolate Mousse**

(75% cocoa) 800g



**Marbled Chocolate Pencils**

Code: 10474 Size: 900g  
Unit: each Price: £35.29



**Barbara Decor Dark Chocolate Pencils 52%**

Code: 10479 Size: 900g  
Unit: each Price: £37.99



**Barbara Decor White Chocolate Pencils**

Code: 10480 Size: 900g  
Unit: each Price: £34.59



# NUTS & SEEDS

## Nuts

11616	Walnut Halves	1kg	£7.69
24013	Flaked Almonds	1kg	£11.79
24012	Ground Almonds	1kg	£10.59
24011	Whole Blanched Almonds	1kg	£11.69
5182	Cashew Nuts	1kg	£11.39
2028	Chestnuts (Vac Pac)	400g	£4.79
5176	Desiccated Coconut	1kg	£5.49
17044	Blanched Hazelnut	1kg	£14.99
28073	Chopped Mixed Nuts	1kg	£8.59
2026	Monkey Nuts	10kg	£40.79
28075	Pecan Nuts	1kg	£16.99
28076	Pine Nuts	1kg	£29.99
28074	Pistachio Nuts (Shelled)	1kg	£36.79
28077	Blanched Skinless Peanuts	1kg	£5.59
11726	Pickled Walnuts	390g	£5.79

## Seeds

11355	Black Onion Seeds	100g	£1.49
11562	Chia Seeds (Pre-Order)	1kg	£12.49
11226	Yellow Mustard Seeds	350g	£3.89
33147	Poppy Seeds	500g	£4.79
33148	Pumpkin Seeds	1kg	£6.69
33149	Sesame Seeds	1kg	£5.39
33151	Sunflower Seeds	1kg	£3.29
17040	Fenugreek Seeds	700g	£3.09

# DRIED FRUIT

## Dried Fruit

33067	Apricots	1kg	£10.19
11605	Chopped Apricots	2kg	£24.19
5194	Red Glace Cherries	1kg	£7.69
5165	Cranberries	1kg	£7.19
28015	Currants	1kg	£7.49
7004	Pitted Dates	1kg	£4.69
13010	Whole Figs	1kg	£12.89
28079	Cut Mixed Peel	1kg	£6.89
7005	Pitted Prunes	1kg	£7.09
31006	Raisins	1kg	£5.89
10011	Golden Raisins	1kg	£6.69
7006	Sultanas	1kg	£5.89

## Tinned Fruits

11677	Solid Pack Apples	2.6kg	£5.89
11678	Dark Pitted Cherries	840g	£2.79
11679	Whole Grapefruit Segments	3kg	£7.99
19011	Jackfruit In Brine	540g	£1.99
11681	Peach Halves in Juice	2.65kg	£6.29
11191	Baby Apples in Syrup	400g	£2.59
11192	Baby Pears in Syrup	425g	£4.39
11684	Pineapple Slices in Juice	850g	£2.69
11190	Griottines (Kirsch)	1 Litre	£22.69



# littlePod® Vanilla

## LittlePod Vanilla Paste



This delicious paste has been specially formulated from a blend of pods, seeds and extracts. Each tube is full to bursting with at least 20 pods worth of extract.



# £14.89

100ml, Code 10091

Also available, Vanilla Extract & Vanilla Pods  
(code 11274, £8.79) (code 11563, £13.99)



**Black Truffle Oil**  
Code 35006



**£7.99**  
250ml



**White Truffle Oil**  
Code 35007



**£7.99**  
250ml



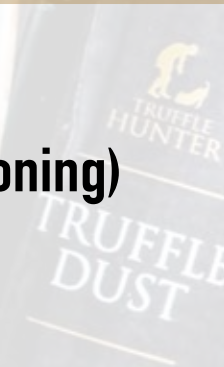
**Black Truffle Paste (Pâté)**  
Code 35010

**£23.39**  
480g



**Truffle Dust (seasoning)**  
Code 35011

**£9.49**  
65g



**Endless Possibilities**



# OLIVES

# MEDITERRANEAN



## Marinated Mixed Olives Bella Napoli

- Mix of Green Pitted Olives, Kalamata Pitted, Purple Pitted Olives, Pitted Nocellara, Sweet Pepper, Herbs & Garlic Flakes.
- In Sherry Vinegar & Rapeseed Oil

**£10.19** code 26005

## Queen Green Olives Pitted

- Queen Pitted Olives
- In Brine & Rapeseed Oil

**£15.49** code 26027

## Kalamata Olives Pitted

- Pitted Olives
- In Vinegar & Rapeseed Oil

**£10.19** code 26008

## Pitted Green Olives

- Green Pitted Olives
- In Brine.

**£12.29** code 11024

## Lilliput Capers

- In Brine.

**£9.29** code 10093



## Nocellara Olives

- Whole Olives
- In Brine & Rapeseed Oil

**£10.19** code 26006



## Queen Green Olives Whole

- Queen Whole Olives
- In Brine & Rapeseed Oil

**£15.49** code 26029



## Kalamata Olives Whole

- Whole Olives
- In Vinegar & Rapeseed Oil

**£10.19** code 26007



## Pitted Black Olives

- Black Pitted Olives
- In Brine.

**£10.69** code 11021



## Capote Capers

- In Brine.

**£6.49** code 10372



## Stuffed Cherry Peppino Peppers

- Stuffed with Cream Cheese
- In Sunflower Oil

**£20.29** code 11628



## Semi-Dried Tomatoes

- Marinated in Sunflower Oil
- With Garlic & Herb

**£7.49** code 11742



## Stuffed Vine Leaves

- Favourites from the Mediterranean
- Stuffed with rice

**£8.69** code 37002



## Roasted Red Peppers

- Suitable for vegans

**£6.99** code 11412



## Whole Dill Gherkins

- Suitable for vegans

**£4.89** code 10710



## Classic Hummus

- Suitable for vegans

**£6.49** code 17007



## Sun Dried Tomatoes In Oil

- In Sunflower Oil
- With Garlic & Herb

**£6.59** code 11479



## Artichoke Hearts

- Suitable for vegans

**£2.59** code 11686



## Jalapeño Peppers

- Suitable for vegans

**£3.69** code 10142



## Piquillo Peppers

- Suitable for vegans

**£16.39** code 10031



# BEANS, PULSES & GRAINS



## Tinned Beans & Pulses

10201	Heinz Baked Beans	2.62kg	£5.79
11687	Baked Beans	2.62kg	£4.49
11637	Borlotti Beans	800g	£1.49
11639	Butter Beans	800g	£1.69
11322	Chickpeas	2.5kg	£3.69
10438	Chickpeas	800g	£1.29
11640	Cannellini Beans	800g	£1.49
11688	Red Kidney Beans	800g	£1.69
1300	Mushy Peas	2.65kg	£4.49
10143	Sweetcorn	340g	£0.89

## Dried Beans

10135	Butter Beans	1kg	£5.99
5149	Chick Peas	3kg	£9.49
4087	Haricot Beans	3kg	£14.29
23021	Marrowfat Peas	3kg	£8.19

## Dried Pulses, Grains & Oats

31031	Broth Mix	3kg	£6.79
22015	Dark Speckled Lentils (Puy)	1kg	£4.49
22016	Red Lentils	3kg	£7.39
26013	Oatflakes Porridge	3kg	£4.89
10119	Pinhead Oatmeal - Medium	2kg	£4.09
4088	Pearl Barley	1kg	£1.89
33150	Yellow Split Peas	3kg	£4.99
15019	Green Split Peas	3kg	£6.89
28065	Polenta	1kg	£2.09
28066	Semolina	3kg	£7.99

## Mushrooms & Truffles

10358	Dried Cep Mushrooms	500g	£44.49
10919	Frozen Cep Mushrooms	1kg	£33.69
10912	Frozen Girolles Mushrooms	1kg	£31.69
10911	Dried Morel Mushrooms	100g	£45.69
10909	Dried Mixed Wild Mushroom	500g	£18.79
10925	Truffle Infused Rapeseed Oil	250ml	£11.39
35006	Black Truffle Oil	250ml	£7.99
35007	White Truffle Oil	250ml	£7.99
35010	Black Truffle Paste (Pâté)	480g	£23.39
28052	Mushroom Pate	1kg	£12.59
35011	Truffle Dust	65g	£9.49



# TOMATOES - CAPERS - GHERKINS

## Tomatoes

11650	Whole Peeled Plum Tomatoes	2.5kg	£3.89
11317	Chopped Tomatoes	2.5kg	£3.39
11314	Crushed Tomatoes	10kg	£18.99
28080	Passata	1kg	£1.39
35016	Tomato Puree	800g	£2.79
11742	Semi Dried Marinated Tomatoes	960g	£7.49
11479	Sun Dried Tomatoes in Oil	960g	£6.59
33069	Mexican Salsa	2.2kg	£7.49

## Capers, Gherkins & Pickles

10710	Large Gherkins	2.55kg	£4.89
10093	Lilliput Capers - Smallest	1.7kg	£9.29
10372	Capote Capers - Medium	1.7kg	£6.49
5103	Caperberries in Brine	1.5kg	£10.49
10142	Sliced Jalapeno Peppers	3kg	£3.69
10308	Char Grilled Mixed Peppers in Oil	1.9kg	£14.79
11412	Fire Roasted Red Peppers	2.9kg	£6.99
11409	Baby Roquito Peppers	3kg	£26.19
10031	Whole Piquillo Peppers	3kg	£16.39
11686	Artichoke Hearts	390g	£2.59
10305	Char Roasted Baby Artichokes in Oil	1.9kg	£23.99
11628	Cherry Peppelino Stuffed Peppers	2kg	£20.29
28086	Pickled Beetroot	2.25kg	£7.19
11726	Pickled Walnut	390g	£5.79
11699	Poacher's Pickle	3kg	£22.29
10553	Mini Cornichons	2.05kg	£9.29
5105	Lime Pickle	1.3kg	£5.69

## Fish

10200	Tuna Chunks In Brine	1.88kg	£9.99
10056	Avruga Caviar	120g	£9.69





Double Cream  
1 Litre, £4.19  
(code 5063)



Custard  
1 Litre, £2.29  
(code 5064)



Whipping Cream  
1 Litre, £4.29  
(code 5065)



Hollandaise Sauce  
1 Litre, £5.19  
(code 33023)



Béchamel Sauce  
1 Litre, £5.19  
(code 33024)

KerryMAID  
UHT RANGE

For your everyday *Ta-Dah!* with Silver Spoon

Catering mark approved products, to help reach gold standard



Silver Spoon is a member of the Food for Life Catering mark scheme



# Proudly Grown in Britain

We work directly  with 1,200 British farmers in East Anglia to grow our sugar beet.

The sugar beet then travels directly from farm to local factory - the most efficient journey from field to spoon.

In just a few simple steps our factory in Bury St Edmunds turns the sugar beet into our range of homegrown sugars!

 What's more we really care about sustainability; our bags are recyclable, we offset the paper we use by planting trees, we send nothing to landfill and our excess production energy powers British homes.



Code	Product	Size	Price
11488	Caster Sugar	25kg	£35.99
11471	Caster Sugar	2kg	£3.49
11708	Granulated Sugar	25kg	£33.29
11449	Granulated Sugar	1kg	£1.69
10835	Icing Sugar	3kg	£6.49
11472	Demerara Sugar	3kg	£6.69
10697	Soft Dark Brown Sugar	3kg	£6.89
10833	Soft Light Brown Sugar	3kg	£6.89
10532	White Sugar Cubes (La Perruche)	1kg	£4.19
10530	Brown Sugar Cubes (La Perruche)	1kg	£4.19
11476	Granulated Sugar Sticks	x 1000	£7.19
11477	Demerara Sugar Sticks	x 1000	£8.69
15005	Golden Syrup	680g	£2.19
33016	Golden Syrup	7.26kg	£16.89
35027	Black Treacle	680g	£2.49



[www.silverspoon.co.uk](http://www.silverspoon.co.uk)



[www.dole.co.uk](http://www.dole.co.uk)





When it comes to pastry, Pidy leads the catering world.

We combine baking expertise with innovation to bring ingenuity, imagination and technical excellence to our products. What happens to them next is up to you.



### 8.5cm Fluted Sweet Pastry Case

Code: **11398** Size: **x 135**  
Unit: **each** Price: **£69.49**



### 4.5cm Sweet Mini Pastry Case

Code: **11162** Size: **x 90**  
Unit: **each** Price: **£29.99**



### 8.5cm Quiche Case

Code: **11402** Size: **x 144**  
Unit: **each** Price: **£64.39**



### Canape Cup Assortment

Code: **5248** Size: **x 356**  
Unit: **each** Price: **£77.69**



### 11cm Fluted Sweet Pastry Case

Code: **10741** Size: **x 72**  
Unit: **each** Price: **£39.99**



### 4.3cm Neutral Mini Pastry Case

Code: **28083** Size: **x 192**  
Unit: **each** Price: **£59.99**



### 11cm Quiche Case

Code: **11394** Size: **x 42**  
Unit: **each** Price: **£41.89**

## Ready To Fill Cases & Shells

5248	Canape Cup Assortment	356 pcs	£77.69
11398	8.5cm Fluted Sweet Pastry Case	135 pcs	£69.49
10741	11cm Fluted Sweet Pastry Case	72 pcs	£39.99
11162	4.5cm Sweet Mini Pastry Case	90 pcs	£29.99
28083	4.3cm Neutral Mini Pastry Case	192 pcs	£59.99
11402	8.5cm Quiche Case	144 pcs	£64.39
11394	11cm Quiche Case	42 pcs	£41.89
28037	9.5cm Sweet Pastry Cases	108 pcs	£50.89
28090	8.5cm Gluten Free Neutral Pastry Case	27 pcs	£33.99
28032	Gluten Free Quiche Cases	5cm x 70	£41.79
23023	Meringue Drops	100g	£1.69
23022	Meringue Nests White	10 x 75g	£14.89

## Biscuits & Traditional Sweets

33019	Sponge Fingers	500g	£3.29
1039	Amaretti Biscuits	500g	£4.29
22017	Lady Fingers (Gluten Free)	125g	£2.49
10773	Tunnock's Milk Chocolate Tea Cakes	x36	£9.99
10775	Tunnock's Milk Caramel Wafer	x48	£13.49
10310	Tablet Aberfeldy (96's, Handmade)	1.2kg	£18.79
11700	Truffles (Assorted Chocolate)	77 pcs	£36.59
33027	Walkers Pure Butter Shortbread Round	200 x 11g	£28.69
33028	Walkers Gluten Free Shortbread	60 x 30g	£31.59
33029	Walkers Assorted Mini Pack	100 x 25g	£24.69
23011	Mrs Tilly's Macaroon	2kg	£20.99
23012	Mrs Tilly's Fudge	2kg	£20.99
35012	Mrs Tilly's Tablet	2kg	£20.99
4025	Oreo's	16 x 154g	£30.99

## Oatcakes & Cheese Biscuits

4020	The Best of Miller's Selection	Approx 264 crackers	£27.59
10100	Mini Oatcakes	16 x 150g	£24.99
26025	Traditional Oatcakes	12 x 150g	£16.49
26026	Mixed Oatcakes	12 x 150g	£18.79
26030	Free From Mini Oatcakes	36 x 45g	£24.49
33061	Stockans Thick Oatcakes	200g x 24	£26.59
33062	Stockans Thin Oatcakes	200g x 18	£12.39
33060	Stockans Mini Oatcakes Original	150g x 16	£18.99
33059	Stockans Mini Cracked Blackpeper Oatcakes	150g x 18	£21.79
33063	Stockans Mixed Mini Oatcakes	150g x 8	£9.39

## Snacks

10638	Luxury Nut Mix	1kg	£21.89
11722	Wasabi Peas	1kg	£10.99
33017	Tortilla Chips (Salted)	500g	£3.29



# BISCUITS & CARRIERS



**Mark Murphy**  
Part of **Dole** Foodservice

ARTISAN  
ASHBOURNE  
BAKED BY HAND  
ENGLAND  
BISCUITS

## THE BEST OF MILLER'S SELECTION

Four popular crackers from our Miller's Damsel, Harvest, Toast and Elements ranges.

**£27.59**, code 4020

### SELECTION INCLUDES:

3x MILLER'S DAMSEL  
CHARCOAL WAFER - 125g

Dark and crisp wafers, made with stoneground flour,  
grown and milled in England.

3x MILLER'S TOAST  
CRANBERRY & RAISIN - 100g

Charming with a canapé. Splendid with soft cheese.  
Slim and ultra crispy for spreading, or nibbling

3x MILLER'S HARVEST  
THREE-SEED CRACKER - 125g

Made with stoneground wholemeal flour, linseeds,  
sesame seeds and poppy seeds.

3x MILLER'S ELEMENTS  
WATER CRACKER - 70g

Just flour and water - no salt, no anything. Flame-  
baked in a flash, for a toasty finish.

Approx. 264 crackers



**Thick Oatcakes**  
200g x 24, code 33061  
**£26.59**



**Thin Oatcakes**  
100g x 18, code 33062  
**£12.39**



**Mini Cracked  
Blackpepper Oatcakes**  
150g x 16, code 33059  
**£21.79**



**Mini Oatcakes Original**  
150g x 16, code 33060  
**£18.99**



**Mixed Mini Oatcakes**  
150g x 8, code 33063  
**£9.39**

Wholegrain oats, Orkney Island water &  
traditional baking skills make our Scottish  
savoury biscuits special



**Mark Murphy**  
Part of **Dole** Foodservice



# Seaweed SHONY FLAKES

**Shony** is a tantalising seaweed trio of kelp, dulse and kombu. This fusion is both sweet and salty, perfect to use as everyday seasoning. The small flakes sparkle like precious ocean jewels, transforming dishes into something deeply delicious.

**Shony Flakes** £13.69 120g  
code 33056

# KOMBU FLAKES

**Kombu** is packed with more umami than any other ingredient. It's also a splendiferous source of fibre and iodine, making it a true superfood. Use it for stock, and to give soups and sauces a delicious boost.

**Kombu Flakes** £11.79 120g  
code 33057



# DULSE FLAKES

Meaty, mighty and majestic, **Dulse** is a succulent, leafy steak from the deep. You can add it to salads, greens or seafood. Deeply delicious on a large variety of dishes.

**Dulse Flakes** £16.29 120g  
code 33058

## Complimentary Packs Shortbread Range

**Pure Butter  
Shortbread Round**

£28.69  
200 x 11g, code 33027



**Gluten Free Shortbread**

£31.59  
60 x 30g, code 33028



## ASSORTED MINI PACK

£24.69  
100 x 25g, code 33029



**BELGIAN  
CHOCOLATE**

**STEM  
GINGER**

**Salted  
Caramel**

**Golden  
Oats**



Made with



# Fresh

Broccoli



(code 5097)  
**Chilli**

(code 5098)  
**Cheese**

(code 5096)  
**Sour Cream & Chives**

(24 x 24g)  
**£17.99**



Eliminating  
Food Waste

- Less fat, calories and salt than potato crisps
- More protein, fibre and veg than potato crisps
- 0% VAT
- Wonky crop from Scottish growers used as part of sustainable farming practices.
- Fantastic taste & a quirky talking point



# TAYLORS

## SNACKS

In 20 x 40g cases **£13.19<sup>+</sup>VAT**



**Sea Salt**

Code: **10970**



**Sea Salt & Vinegar**

Code: **10440**



**Matured Cheddar  
& Onion**

Code: **10798**



**Haggis &  
Cracked Black Pepper**

Code: **10746**



**Flame Grilled  
Aberdeen Angus**

Code: **10832**



**Pickled Onion**

Code: **5087**



**Chilli Kick**

Code: **5088**





# Gourmet Nuts

Simply Sea Salt Mixed Nuts  
£23.19+vat  
(code 24005, 20x40g)

Salt Crust Peanuts  
£14.39+vat  
(code 28048, 20x40g)

Dry Roasted Peanuts  
£14.39+vat  
(code, 28049, 20x40g)

Salt & Pepper Cashews  
£21.59+vat  
(code 24015, 20x40g)

Rosemary Almonds  
£23.19+vat  
(code 1051, 20x40g)

# Gourmet Nuts

Salted Caramel Chocolate & Nut Mix  
£20.99+vat  
(code 24004, 15 x 75g)

Mexican Sweet Chilli Nuts  
£25.89+vat  
(code 24010, 12x100g)

Lemon & Oregano  
£17.99+vat  
(code 26031, 12x50g)

Chilli Rice Crackers  
£13.80+vat  
(code 5100, 12x40g)

Pork Salami Chorizo  
£26.39+vat  
(code 33055, 15.38g)

# Marinated Olives

# Chilli Rice Crackers

# Cured Meats

# Loose Gerve Catering Bags



# Flavours available

31010	Salt & Pepper Mochi Bites	500g	£9.59+vat
31011	Tom Yum Mochi Rice Bites	500g	£9.59+vat
31009	Teriyaki Mochi Rice Bites	500g	£8.99+vat
31012	Chilli Rice Crackers	500g	£9.59+vat
24007	Soho Bar Mix	750g	£10.89+vat
24003	Sea Salt Mixed Nuts	1.5kg	£17.99+vat
24009	Applewood Smoked Nuts	1.5kg	£17.99+vat
24001	Mexican Sweet Chilli Nuts	1.5kg	£17.99+vat
24001	Wasabi Peas	1kg	£15.39+vat





# Oils & Vinegars

Code	Product	Size	Price
<b>Fats &amp; Oils</b>			
2000	Vegetable Cooking Oil	20 Litre	£36.99
23009	Rapeseed Cooking Oil	20 Litre	£40.99
11137	Blended Pomace Oil	5 Litre	£15.39
11302	Rapeseed Oil (Summer Harvest)	5 Litre	£23.49
11301	Rapeseed Oil (Summer Harvest)	250ml	£2.89
10591	Extra Virgin Olive Oil	5 Litre	£30.99
5199	Coconut Oil	650ml	£5.09
11456	Sesame Oil	625ml	£5.49
33161	Sunflower Oil	5 Litre	£11.99
11721	Walnut Oil	500ml	£7.99
11496	Non-stick Aerosol Spray	600ml	£5.59
35006	Black Truffle Oil	250ml	£7.99
35007	White Truffle Oil	250ml	£7.99

## Cooking Wines & Spirits

10167	Red Cooking Wine	2.5 Litre	£3.79
10169	White Cooking Wine	3 Litre	£4.89
10307	Cooking Brandy	2.5 Litre	£14.99
11240	Cooking Port	2.5 Litre	£10.49
10304	Cooking Madeira	2.5 Litre	£10.49

## Vinegars

11453	Malt Vinegar	5 Litre	£3.39
10685	White Wine Vinegar	5 Litre	£4.59
11635	White Wine Vinegar	75cl	£3.69
10740	Red Wine Vinegar	5 Litre	£4.59
11329	Red Wine Vinegar	75cl	£3.89
10151	Balsamic Vinegar	5 Litre	£10.99
10149	Balsamic Vinegar (Aged 10 Years)	250ml	£8.19
10148	Balsamico Glaze	500ml	£3.29
11486	Sherry Vinegar	75cl	£5.49
10395	Cider Vinegar	75cl	£4.59
10394	Champagne Vinegar	75cl	£4.79
10393	Raspberry Vinegar	75cl	£5.19
10392	Tarragon Vinegar	75cl	£4.59

Every bottle of Summer Harvest contains  
a little bit of Perthshire and a great deal of Ferneyfold  
love and attention.



Oils



Dressing

code	product	size	price
10925	Truffle Infused Cold Pressed Rapeseed Oil	250ml	£11.39
11302	Cold Pressed Rapeseed Oil	5ltr	£23.49
11301	Cold Pressed Rapeseed Oil	250ml	£2.89
10174	Chilli & Red Pepper Dressing	1ltr	£15.49
11309	Lemon & Honey Dressing	1ltr	£15.49
11320	Raspberry Dressing	1ltr	£15.49
10287	Apple & Walnut Dressing	1ltr	£15.49
11345	Bramble & Juniper Dressing	1ltr	£15.49

Summer Harvest®  
Cold Pressed Rapeseed Oil



At Summer Harvest we are building on 130 years of farming experience to bring you the highest quality artisan products from our fields to your plates.





# Smoked Salmon Sides

D-Cut (code 33007)  
**£POA**

Hot Smoked Salmon (code 33009)  
**£POA**

approx 1.2kg per pack



serving suggestions



## MEATS

### Italian

11100	Sliced Prosciutto Ham	500g	£12.49
11077	Sliced Salami-Milano	500g	£9.29
11076	Sliced Salami Napoli	500g	£9.29
10613	Sliced Pepperoni	1kg	£11.99
11094	Sliced Smoked Pancetta	250g	£6.19
11096	Smoked Pancetta Block	1kg	£18.29 per kg

### UK

23030	Sliced Roast Beef UK Farm Assured	500g	£10.99
23026	Sliced Honey-Glazed Ham UK Farm Assured	500g	£5.99
23028	Sliced Turkey Pastrami	500g	£11.99
4031	Scottish Black Pudding Stick (Ramsay of Carluke)	1.3kg	£7.49
10525	Haggis (Dingwall, Frozen/Tempered)	1.8kg Approx	£19.49
28025	Chicken Liver Parfait	1kg	£12.59
28028	Ham Hock Terrine	500g	£10.29
28027	Duck Liver & Orange Paté	1kg	£12.59

### Bacon

11646	Cooked Bacon Streaky	1kg	£28.49
11308	Smoked Back Bacon - Frozen	2.27kg	£13.39
4024	Rindless Back Bacon	2.27kg	£11.99

### Spanish

10509	Sliced Chorizo	500g	£7.39
11095	Sliced Serrano Ham	500g	£12.49
10297	Chorizo Links - Spicy	1kg	£11.49
10294	Chorizo Stick	1.6kg	£17.49

### Gravy & Sauces

11327	Vegetable Bouillon	800g	£17.59
11038	Beef Bouillon	800g	£17.59
10942	Chicken Bouillon	800g	£17.59
11446	Gravy Mix	2.5kg	£8.59
11447	Curry Mix	3.2kg	£18.29

### Chilled Stocks

1302	Fresh Veal Stock	2 Litre	£16.29
1304	Fresh Chicken Stock	2.5 Litre	£14.99
1301	Fresh Beef Stock	2.5 Litre	£14.99

### Paté

28052	Mushroom Pate	1kg	£12.59
28051	Venison Pate	1kg	£18.29
28027	Duck Liver & Orange Paté	1kg	£12.59





For the past 36 years Wessex Country Gammons have develop and grow into a successful business who manufactures and wholesales premium cooked meats. Their Premium Cooked Hams is made using traditional recipes and techniques.

(code 23030)	<b>Sliced Roast Beef</b> 500g	<b>£10.99</b>
(code 23026)	<b>Sliced Honey Glazed Ham</b> 500g	<b>£5.99</b>
(code 23028)	<b>Sliced Turkey Pastrami</b> 500g	<b>£11.99</b>



500g

## *Taste of the Lakes*

SIMPLY GREAT CUMBRIAN PRODUCE



Sliced Smoked Pancetta

## *Paté*

**Chicken Liver Parfait**

(Code 28025, 500g) **£8.49**

**Duck Liver & Orange Paté**

(Code 28027, 500g) **£10.59**

**Ham Hock Terrine**

(Code 28028, 500g) **£10.29**



Ham Hock Terrine

## *Pancetta*

**Sliced Smoked Pancetta**

(Code 11094, 500g) **£9.49**

**Smoked Pancetta Block**

(Code 11096, 1.5kg) **£12.59**  
per kg

## *Also In Stock*



fresh chilled

**Veal Stock**

(Code 1302, 2L) **£14.39**

**Chicken Stock**

(Code 1304, 2L) **£12.59**

**Beef Stock**

(Code 1301, 2L) **£12.99**







Family Butchers for over 150 years

**AWARD WINNING BLACK PUDDING**



**£7.49**

per 1.3kg stick  
(code 4031)

*"The Best Black Pudding in Scotland"*  
- Nick Nairn



**La Mexicana**



Spice up your menu with some Mexican

from **Mark Murphy**  
Part of Foodservice



**Tortilla Chips**  
500g, £2.39  
(code 33017)



**Flour Tortillas**  
18 x 30cm, £4.69  
(code 35026)



**Thick & Chunky Salsa**  
2.2kg, £8.29  
(code 35069)



**Set Soured Cream**  
2kg, £9.49  
(code 3031)



**Guacamole (Frozen)**  
500g, £3.99  
(code 33005)



**Sliced Jalapeño**  
3kg, £3.69  
(code 10142)



**Red Kidney Beans**  
800g, £1.69  
(code 11688)



**Long Grain Rice**  
5kg, £9.99  
(code 31029)





# Crispy Fried Onions

Saves time and mess



500g  
**£3.59**  
code 5082

Ideal for sandwiches, salads, burgers, toppings, garnishing & so much more.



Chicken Bouillon  
800g

Delicious full flavour of a whole roasted chicken.

Code: 10942 **£17.59**



Beef Bouillon  
800g

This rich beef bouillon adds flavour and value to every meal.

Code: 11038 **£17.59**



Vegetable Bouillon  
800g

Full of the flavour of fresh vegetables.

Code: 11327 **£17.59**





**Mayonnaise**

23010	Sasco Signature Mayonnaise	10 Litre	£27.99
10991	Sasco Free Range Mayonnaise	5 Litre	£11.79
23036	Vegan Mayonnaise	5 Litre	£11.49
23024	Vegan Mayonnaise	1 Litre	£2.59

**Mustard**

10576	English Mustard	2.27 Litre	£10.99
10535	Dijon Mustard	2.27 Litre	£14.49
10686	Coarse Grain Mustard	2.27 Litre	£9.69
11353	French Mustard	2.27 Litre	£8.49
10913	Pommery Moutarde de Meaux	500g	£14.19

**Sauces**

11428	BBQ Sauce	2.5kg	£9.39
11066	Cranberry Sauce	2.5kg	£10.89
10716	Horseradish Sauce	2.27 Litre	£9.99
33040	HP Brown Sauce	2 Litre	£11.99
5104	Premium Mango Chutney	1.5kg	£6.39
33035	Mango Chutney	2.27 Litre	£14.59
10713	Mint Sauce	2.27 Litre	£6.69
11078	Redcurrant Jelly	2.72kg	£10.99
10712	Tartare Sauce	2.27 Litre	£8.79
10202	Heinz Tomato Ketchup	2.4kg	£14.39
11424	Alfee's Tomato Sauce	2.5kg	£7.49
10144	Pizza Sauce (Plain)	2.5kg	£6.29
33012	Worcestershire Sauce	150ml	£2.19

**Curry Pastes & Pickles**

11264	Green Pesto (Contains nuts)	980g	£8.99
28095	Vegan Pesto	1.12kg	£16.99
11447	Curry Mix	3.2kg	£18.29
11446	Gravy Mix	2.5kg	£8.59
10718	Cool Salsa	2.27 Litre	£10.09
35022	Light Tahini	900g	£5.79
35010	Black Truffle Paste (Paté)	480g	£23.39
33045	Chipotle Paste	550g	£12.39

**Sauce Sachets**

33156	English Mustard	7ml x 250	£22.69
33157	HP Sauce	10ml x 200	£21.99
33155	Malt Vinegar	7ml x 200	£17.29
33160	Free Range Mayonnaise	10ml x 200	£21.99
33159	Salad Cream	10ml x 200	£22.69
33158	Tartare Sauce	10ml x 200	£22.69
33154	Tomato Ketchup	10ml x 200	£21.99

**Dressing**

10287	Apple & Walnut Dressing	1 Litre	£15.49
11345	Bramble & Juniper Dressing	1 Litre	£15.49
10700	Caesar Dressing	2.27 Litre	£10.39
10174	Chilli & Red Pepper Dressing	1 Litre	£15.49
10701	French Style Dressing	2.27 Litre	£6.69
11309	Lemon & Honey Dressing	1 Litre	£15.49
10706	Ranch Dressing	2.27 Litre	£11.19
11320	Raspberry Dressing	1 Litre	£15.49





The traditional one

The fragrant one

# Asian

The new range from Essential Cuisine.



## Introducing the new Asian Range from The Stock People

- Easily incorporate the popular flavours of Pan-Asian cuisine into your dishes
- Highly versatile, easy-to-use concentrated base
- Ensures consistency in flavour and seasoning
- No added MS

Code	Product range	Pot size	Pot yield	Price
23015	Miso Broth Base	1kg	25ltr	£16.99
23035	Aromatic Stock Base	1ltr	25ltr	£17.99

# Signature jus & sauces



The classic

The popular one

The meaty one

Code	Product range	Pot size	Price
4094	Beef Jus	1ltr	£11.49
31034	Red Wine Jus	1ltr	£11.59
5089	Chicken Stock Reduction	1ltr	£10.89

A comprehensive range expertly crafted by The Stock People

# Glaces



Code	Product range	Pot size	Price
23017	Veg Mirepoix	600g	£20.99
15026	Chicken	600g	£23.99
23019	Veal	600g	£24.99
22001	Lobster	600g	£26.79
23020	Wild Mushroom	600g	£25.99



Drizzle



Marinade



Mix



Poach



Spoon



Stock



Rub



Season

# Savoury Sauces



The punchy one



- Versatile sauces that can be used as a traditional pour over sauce or as a key ingredient in a wide range of recipes.
- Makes 50 generous 100ml sauce servings per jar.
- Big savings on dairy – use 25% less cream versus a scratch-made sauce.
- Cooking process allows for chefs to personalise the sauce with additional ingredients as they wish.
- Ambient storage and long shelf life, even once opened (12 months).
- Prepare in under 8 minutes.

Our new British-made collection of concentrated sauce bases helps chefs keep creativity in the kitchen, whilst offering the consistency and speed of a pre-prepared ingredient

Code	Product range	Pot size	Price
33073	Peppercorn	800g	£24.89



# Classic

Demi-Glace mix



New recipe  
same great taste



The  
classic one

## A classic kitchen staple from The Stock People

- For banqueting and high volume usage
- Now gluten-free
- Beef with allergens removed

Code	Product range	Pot size	Pot yield	Price
4036	Classic Demi-Glace	1.5kg	22ltr	£23.49

# Premier Jus



The classic

## A 5 star Jus range from The Stock People

- Tastes and performs like authentic kitchen-made jus, with a meaty taste, viscous mouth feel and mirror-like sheen
- Freeze-thaw stable once made up
- Gluten-free
- Ready in minutes, so you'll never run out
- Perfect for banqueting
- No costly sourcing, preparation and disposal of bones

Code	Product range	Pot size	Pot yield	Price
19021	Veal	1kg	8ltr	£28.79
19022	Red Wine	1.2kg	8ltr	£31.49

# No1 GRAVY



The  
tasty one

The  
versatile one

## Gravy as it should be, with a little helping hand from The Stock People

- Our beef & chicken gravies contain meat stock and dripping/fat
- Our savoury gravy is vegetarian and gluten-free
- Perfect for roasts, grills, pies and puddings

The  
meaty one

Code	Product range	Pot size	Pot yield	Price
4037	Beef Gravy	1.5kg	20ltr	£17.19
5090	Chicken Gravy	1.5kg	20ltr	£16.69
15014	Savoury Gravy	1.5kg	20ltr	£17.49

# Stock mix

The  
versatile one

The  
tasty one



A comprehensive  
range expertly  
crafted by The  
Stock People

The  
meaty one

Code	Product range	Pot size	Pot yield	Price
33046	Vegetable*	800g	50ltr	£20.99
33048	Chicken	800g	50ltr	£20.39
33049	Beef	800g	50ltr	£20.99
33050	Fish	700g	40ltr	£19.79
33052	Turkey	800g	50ltr	£19.79

- Superior yield - use just 16g to achieve a litre of stock
- Easy-to-use powders, so can be added at any stage in the cooking process
- Well balanced seasoning  
Produced in the UK
- Gluten-free



# Miller's Larder Perfyit Piccalilli



code 15010

## A Scottish Artisan Product

Kris Currie, Executive Head Chef at Balbirnie House Hotel

"It's the best piccalilli I have ever tasted."

**£24.99** 1kg

Great with meats, cheese, crackers , pakora and so much more.



QUALITY PRESERVES. MADE IN SCOTLAND.

### Chutneys

10736	Beetroot Chutney	3kg	£24.99
10729	Bramley Apple Chutney	3kg	£22.29
10691	Hot Tomato Pickle Chutney	3kg	£22.29
10693	Mango & Chilli Chutney	3kg	£24.99
19001	Chilli Jam	3kg	£25.79
10556	Red Onion Marmalade	3kg	£28.19
11699	Poacher's Pickle	3kg	£22.29
15010	Miller's Larder Perrfyit Piccalilli	1kg	£24.99

### Marmalades

10939	Orange Marmalade	3.5kg	£22.29
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### Jams

10391	Raspberry Jam	3kg	£28.19
10190	Blackcurrant Jam	3kg	£24.99
10800	Strawberry Jam	3kg	£27.99

### Mini Jams

10050	Mini Blackcurrant Jam Jar	60 x 28g	£32.79
11227	Mini Marmalade Jam Jar	60 x 28g	£30.49
10040	Mini Raspberry Jam Jar	60 x 28g	£32.79
10028	Mini Strawberry Jam Jar	60 x 28g	£32.99





Jams, Honey & Spreads

19012	Riverdene Strawberry Jam	3kg	£12.39
19006	Riverdene Raspberry Jam	3kg	£17.79
23008	Riverdene Orange Marmalade	3kg	£11.29
11223	Scottish Heather Honey	340g	£9.99
35015	Single Malt Heather Honey	340g	£10.59
37114	Mixed Jam Pots	200 x 14g	£18.99
23006	Maple Syrup	640g	£9.99
17001	Clear Honey (Blossom Hilltop)	1.36kg	£6.89
17003	Clear Honey (Blossom Hilltop)	720g	£3.79
11275	Quince Paste	800g	£12.19
28092	Crunchy Peanut Butter	1kg	£10.19
28093	Smooth Peanut Butter	1kg	£10.19



1.36kg, Code 17001

£6.89

640g, Code 23006

£9.99

720g, Code 17003

£3.79

plenty honey for your money





# PASTA, RICE & CHIPS

## Pasta

28019	Linguini	500g	£1.19
28072	Tagliatelle	500g	£2.09
28024	Lasagne Sheets	500g	£1.49
15021	Potato Gnocchi (Gluten Free)	500g	£2.19
28067	Fusilli	3kg	£4.59
28070	Macaroni	3kg	£4.99
28069	Penne	3kg	£4.59
28071	Spaghetti	3kg	£4.59

## Gluten Free Pasta

28081	Penne Pasta (Gluten Free)	400g	£1.99
28029	Spaghetti (Gluten Free)	400g	£2.49
28030	Fusilli (Gluten Free)	400g	£1.99

## Rice / Other Grains

11304	Arborio Rice	1kg	£3.79
4084	Basmati Rice	5kg	£15.49
31029	White Easy Cook Long Grain Rice	5kg	£9.99
31030	Brown Rice Long Grain	3kg	£7.89
11295	Sushi Rice	1kg	£2.99
4088	Pearl Barley	1kg	£1.89
31004	Pudding Rice	3kg	£7.39
11465	Popping Corn	1kg	£2.79
5125	Couscous	3kg	£8.89
29001	Quinoa	1kg	£4.59
4086	Bulgur Wheat	1kg	£2.79

## Breadcrumbs / Mixes

28063	Panko Breadcrumbs	1kg	£3.09
28064	Panko Breadcrumbs	10kg	£26.89
10847	Gluten Free Panko Breadcrumbs	1kg	£5.59
4018	Natural Breadcrumbs	3kg	£7.79
33144	Sage & Onion Stuffing	3kg	£8.09

## Chips

5000	Lutosa Chips 7mm	10kg Box	£P.O.A
5002	Par Fried Chips 14mm	10kg Box	£P.O.A
13058	Koffmann's Les Pommes Frites Petites (Frozen)	7mm, 4 x 2.27kg	£20.49
4999	Koffmann's Les Pommes Frites (Frozen)	10mm, 4 x 2.27kg	£20.49
13059	Koffmann's Les Grandes Frites XXL (Frozen)	19mm, 4 x 2.27kg	£20.49



# FLOUR & BAKING

## Flour

13032	Plain Flour	1.5kg	£1.39
13033	Self Raising Flour	1.5kg	£1.69
10618	Plain Flour	16kg	£12.99
11352	Self Raising Flour	16kg	£14.99
11391	Mungoswell Wholemeal Flour	16kg	£33.49
11339	Mungoswell Strong Flour	16kg	£37.49
10650	Strong Hold Flour	16kg	£16.69
10620	Granary Flour	16kg	£19.39
13061	T55 Flour	16kg	£21.99
13071	Strong Patisserie Flour	16kg	£21.99
13073	Pizza Flour	16kg	£18.29
13072	Heat Treated Cake Flour	16kg	£20.99
11351	Gram Flour	2kg	£3.39
10619	'00' Type Flour	1kg	£2.19
5106	Corn Flour	3.5kg	£5.49

## Pastries

37007	Vegan Puff Pastry	4.25g	£36.79
11577	All Butter Puff Pastry Roll	4.25kg	£39.99
13044	Puff Pastry Jus-Rol	1.5kg	£5.29
13045	Short Crust Pastry Jus-Rol	1.5kg	£5.59

## Baking Products

1024	Baking Powder	800g	£3.79
4083	Bicarbonate Of Soda	1kg	£2.29
5117	Cream Of Tartar	1kg	£9.99
40004	Dried Yeast	500g	£5.69
11752	Fresh Yeast	1kg	£3.19
1023	Arrowroot	500g	£3.99
33167	Strawberry Piping Jelly	5kg	£26.29

## Pâtisserie Products

10698	Bronze Leaf Gelatine	1kg	£22.19
10689	Glucose Syrup	1kg	£5.29
11190	Griottines (Kirsch)	1 Litre	£22.69

## Tablet & Fudge

23012	Mrs Tilly's Fudge	2kg	£20.99
35012	Mrs Tilly's Tablet	2kg	£20.99
23011	Mrs Tilly's Macaroon	2kg	£20.99
10310	Tablet Aberfeldy (96's, Handmade)	1.2kg	£18.79



Asian / Thai

5167	Coconut Milk (15% Fat)	400ml	£0.89
5107	Coconut Milk 17/18%	1 Litre	£3.89
17008	Dry Kaffir Lime Leaves	15g	£2.19
28063	Panko Breadcrumbs	1kg	£3.09
28064	Panko Breadcrumbs	10kg	£26.89
33047	Spring Roll Pastry	10"X10"	£2.09
11474	Kikkoman Soy Sauce	1 Litre	£7.09
33020	Dark Soy Sauce	1 Litre	£3.39
33021	Light Soy Sauce	1 Litre	£3.39
10753	Harissa Paste	380g	£2.19
33022	Sriracha Chilli Sauce	700ml	£4.49
15022	Chinese Stem Ginger (Noël's)	1.05kg	£17.69
11456	Sesame Oil	625ml	£5.49
11294	Sushi Nori Sheets (x25 Sheets)	28g	£2.49
11295	Sushi Rice	1kg	£2.99
11426	Sweet Chilli Sauce	1 Litre	£3.39
11310	Tempura Batter (Nippon Shokken)	1.5kg	£12.19
11323	Teriyaki Sauce (Nippon Shokken)	2kg	£20.39
11617	Thai Green Curry Paste	1kg	£6.89
11619	Thai Red Curry Paste	1kg	£6.89
11723	Wasabi Paste	43g	£1.59
35002	Fish Sauce	690ml	£3.79
35003	Hoi Sin Sauce	2.25kg	£9.29
11732	Won Ton Pastry	200g	£2.59
11722	Wasabi Peas	1kg	£10.99
5104	Premium Mango Chutney	1.5kg	£6.39
5105	Lime Pickle	1.3kg	£5.69

TERIYAKI SAUCE NIPPON SHOKKEN 2kg - code 11323 - £20.39

Teriyaki Sauce 2kg

- The most authentic Teriyaki Sauce you can get outside of Japan.
- Highly concentrated with a thick consistency, shiny glaze and rich taste.
- Easy to use even straight from the bottle, simply add to cooked ingredients.
- Great with a wide variety of ingredients including meat, fish and veg.

Can be used in a wide variety of ways hot or cold including marinades,cooking sauces, dipping sauces and sandwich fillings.



TEMPURA BATTER NIPPON SHOKKEN 1.5kg - 11310 - £12.19

Tempura Batter Mix Super Crispy 1.5kg

- Light and delicate batter which stays super crispy for hours.
- Ideal for buffets and functions.
- Easy to make, just add tap water. Can also be used for Beer Batters.
- Easy to use, so anyone can make the same consistently crisp batter every time.





FREE FROM

## FREE FROM

### Dairy Free

19007	Soya Milk	1 Litre	£1.79
26018	Oat Milk	1 Litre	£1.69
19002	Almond Milk	1 Litre	£2.09
19003	Coconut Milk	1 Litre	£2.09
33032	Vanilla Soya Milk	1 Litre	£2.39
37005	White Vegan Cheese	1kg	£8.29
5107	Coconut Milk 17/18%	1 Litre	£3.89

### Gluten Free Pasta

28081	Gluten Free Penne	400g	£1.99
28029	Gluten Free Spaghetti	400g	£2.49
28030	Gluten Free Fusilli	400g	£1.99
15021	Potato Gnocchi (Gluten Free)	500g	£2.19



### Gluten Free Pastry Cases

28032	5cm Gluten Free Quiche Cases	70 pcs	£41.79
28090	8.5cm Gluten Free Pastry Cases	27 pcs	£33.99

### Gluten Free Flour

13009	Gluten Free Self Raising Flour	1kg	£3.09
13008	Gluten Free Plain Flour	1kg	£3.09

### Other

19023	Jackfruit In Brine	565g	£1.89
23024	Vegan Mayo	1 Litre	£2.59
37001	Vegan Spread	2kg	£7.09
10847	Gluten Free Panko Breadcrumbs	1kg	£5.59
4006	Banana Blossom	565g	£3.39
17007	Hummus	1kg	£6.49
11412	Roasted Red Peppers	2.9kg	£6.99
10031	Piquillo Peppers	3kg	£16.39
11686	Artichoke Hearts	390g	£2.59
37006	Vegan Black Pudding	220g	£2.19
37007	Vegan Puff Pastry	4.25g	£36.79

## Garlic Puree



1kg, code 338

**£3.19**

## Peeled Garlic Whole



1kg, code 397

**£6.19**

No mess  
No prep time  
Better value



## Black Garlic Clove

150g, code 340

**£12.79**



# FREE RANGE Liquid Eggs

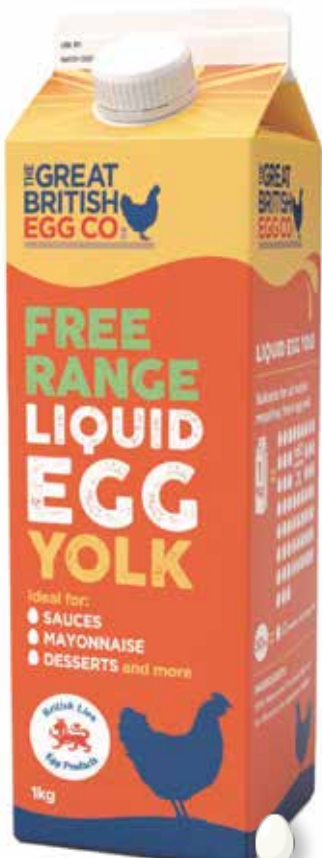
Free from Additives. Naturally good.



1kg = x30  
medium egg whites

- ideal for:
- Glazes
  - Egg White Omelettes
  - Mousses & more

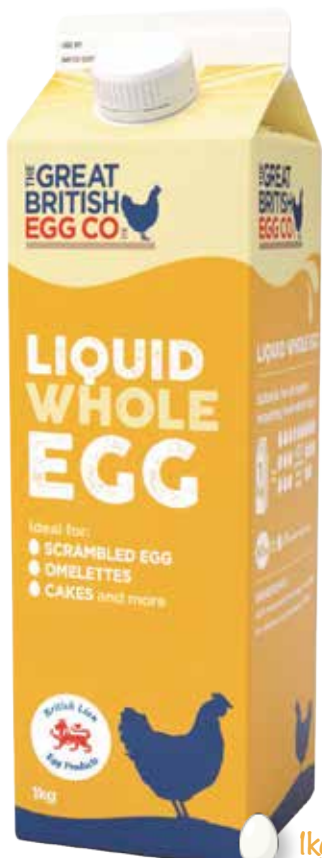
**£4.79**  
1kg  
code 11006



1kg = x60  
medium egg yolks

- ideal for:
- Sauces
  - Mayonnaise
  - Desserts & more

**£9.39**  
1kg  
code 11003



1kg = x20  
medium whole eggs

- ideal for:
- Scrambled Egg
  - Omelettes
  - Cakes & more

**£5.19**  
1kg  
code 10668



## DAIRY

### Eggs

Our free range eggs are sourced from Duncan Farms in Scotland

1062	Free Range Eggs - Medium (Scottish)	x15 dozen	£P.O.A
1061	Medium Eggs - UK	x15 dozen	£P.O.A
25799	Medium Eggs	x5 dozen	£P.O.A
10657	Quails Eggs	x12	£3.49
11006	Free Range Liquid Egg White	1kg	£4.79
11003	Free Range Liquid Egg Yolk	1kg	£9.39
10668	Liquid Whole Eggs	1kg	£5.19
10496	Liquid Whole Egg	10kg	£53.99

### Butter & Fats

4004	Butter Blocks (Salted)	40 x 250g	£P.O.A
4005	Butter Blocks (Unsalted)	40 x 250g	£P.O.A
4029	Salted Butter Blocks	5 x 250g	£P.O.A
4030	Unsalted Butter Blocks	5 x 250g	£P.O.A
4021	Salted Butter Rolls - Edinburgh Butter Co.	200g	£2.99
4000	Butter Portions	x100	£P.O.A
10542	Duck Fat	1kg	£8.99
10565	Flora Margarine Portions	100 x 10g	£16.99
4001	Summer Meadow Margarine	2kg	£5.79
37001	Vegan Spread (Bebo)	2kg	£7.09







Mark Murphy  
Part of  Foodservice

# The Edinburgh Butter Co.

PREMIUM SCOTTISH BUTTER

WE PRODUCE DELICIOUS SCOTTISH BUTTER MADE FROM  
LOCALLY SOURCED INGREDIENTS.



## Cultured Butter



200 gm, code 4021

£2.99





# DAIRY

## Milk

3002	Full Fat Milk	2 Litre	£P.O.A
3003	Semi Skimmed Milk	2 Litre	£P.O.A
3012	Skimmed Milk	2 Litre	£P.O.A
289	Full Fat Milk Pergal	3 Gallon	£P.O.A
287	Semi Skimmed Milk Pergal	3 Gallon	£P.O.A
11072	Buttermilk (Edinburgh Butter Co.)	500ml	£1.49

## Cream

3006	Double Cream	2 Litre	£POA
3009	Single Cream	2 Litre	£POA
3004	Whipping Cream	2 Litre	£POA
3036	Aerosol Cream	500g	£4.49
3031	Set Soured Cream (Yester Farm Dairy)	2kg	£9.49
3103	Clotted Cream	1kg	£10.79
1303	Clotted Cream Portions (Glass jar)	24 x 28g	£22.59

## Crème Fraîche & Yoghurt

3035	Cottage Cheese (Yester Farm Dairy)	2kg	£10.69
496	Crème Fraîche (Yester Farm Dairy)	2kg	£9.19
495	Crème Fraîche	500g	£4.89
3102	Greek Yoghurt - Imported	1kg	£3.69
15003	Greek Style Yoghurt (Yester Farm Dairy)	2kg	£7.79
952	Natural Yoghurt (Yester Farm Dairy)	2kg	£4.59
33068	Mixed Pots Flavoured Yoghurts (Rora Dairy)	12 x 150g	£13.99
33033	Natural Set Live Yoghurt (Rora Dairy)	1kg	£4.39
31007	Greek Style Yoghurt (Rora Dairy)	1kg	£5.89
40005	Smooth & Creamy Yoghurt (Little Town Dairy)	12x125g	£4.89
40006	Natural Yoghurt (Little Town Dairy)	12x125g	£4.49
40007	De-Lite & Low Fat Mixed Yoghurts (Little Town Dairy)	12x125g	£4.49

**Mark Murphy**  
Part of **Dole** Foodservice

**Mark Murphy**  
Part of **Dole** Foodservice

Simple Pure Scottish goodness in a pot.  
Stirred to give it that lovely velvety texture and easily pourable.



**Mixed Pots**  
code 33068, 12 x 150g

**£13.99**

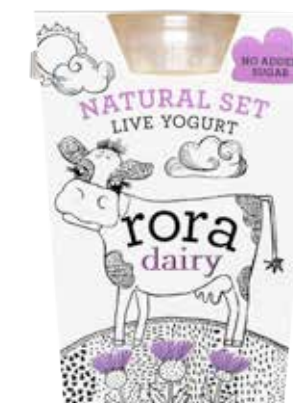
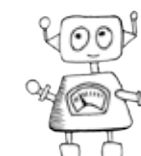
NOT  
HOMOGENISED



HIGH IN  
PROTEIN



MADE WITH  
THE FRESHEST  
MILK



**Natural**  
code 33033, 1kg

**£4.39**



**Smooth & Creamy Fruit Yoghurts**

Smooth &  
Creamy



Toffee

Apricot

Strawberry

Blackcurrant

Our **Smooth and Creamy** Whole Milk Fruit Yoghurts are our best seller! Their heavenly creamy flavour is always a winner, with 'no bits' being an added bonus.

**De-Lite & Low Fat**



Black Cherry

Raspberry

Peach Melba

Strawberry

Virtually  
Fat Free &  
Delicious

12 x 125g  
**£4.49**  
code 40007

12 x 125g  
**£4.89**  
code 40005

**Also**

**Natural Yoghurt 12 x 125g (code 40006) £4.49**





# Yester Dairy

AWARD-WINNING ARTISAN DAIRY PRODUCTS



## Greek Style Natural Yoghurt

2kg, code 15003

£7.79



## Set Soured Cream

2kg, code 3031

£9.49



## Full Fat Soft Cheese

2kg, code 5045

£10.29



## Crème Fraîche

2kg, code 496

£9.19



## Natural Yoghurt

2 Litre, code 952

£4.59



## Cottage Cheese

2kg, code 3035

£10.69





# SCOTLAND'S FINEST



**Strathdon Blue**  
1.3kg, code 10794



**Blue Murder**  
625g, code 10271



**Gruth Dhu  
Black Crowdie**  
500g, code 10852



**St Andrews  
Farmhouse Cheddar**  
1.5kg, code 5083



**Morangie Brie**  
250g, code 10283



**Anster Cheddar**  
1.5kg, code 1050



**Inverloch Goats  
Cheese (Hard)**  
1kg, code 10817



## Mrs Tilly's famous Scottish confectionary

Fantastic served with coffee or tea, as a cooking ingredient or a delightful sweet treat.



**Fudge**  
2 kilo  
**£20.99**  
(code 23012)



**Tablet**  
2 kilo  
**£20.99**  
(code 35012)



**Macaroon**  
2 kilo  
**£20.99**  
(code 23011)



**Mini Scottish Tablet**  
50 x 22.5g  
**£16.99**  
(code 23038)

**Mini Fudge Bars**  
50 x 22.5g  
**£16.99**  
(code 23037)

SCOTLAND'S NO.1 CONFECTIONERY BRAND



# CHEESE

## Scottish Farm House Cheese

4033	Arran Blue (Pre-Order)	2kg	£25.99 per kg
10267	Applewood Smoked (Isle of Kintyre)	900g	£14.99
10271	Blue Murder	625g	£21.69 per kg
10274	Cheddar & Chive (Isle of Kintyre)	200g	£3.69
10276	Cheddar & Claret (Isle of Kintyre)	200g	£3.69
10277	Cheddar & Garlic (Isle of Kintyre)	200g	£3.69
10273	Cheddar & Herb (Isle of Kintyre)	200g	£3.69
10275	Cheddar & Mustard (Isle of Kintyre)	200g	£3.69
10278	Cheddar & Single Malt (Isle of Kintyre)	200g	£3.69
10279	Cheddar Old Smoked	200g	£3.69
10114	Clava Brie Scottish	1.5kg	£18.99 per kg
10283	Morangie Brie	250g	£4.99
10082	Dunlop Cheese Scottish	1kg	£18.99 per kg
13054	Fat Cow Cheese Semi-Hard	1.25kg	£22.69 per kg
10852	Gruth Dhu (Black Crowdie)	500g	9.99
10817	Inverloch Goats (Hard)	1kg	£33.99 per kg
10793	Isle of Mull (Cuts)	3kg	£19.99 per kg
23033	Minger Cheese Soft Wash Rind	250g	£22.69 per kg
10089	Extra Mature Scottish Cheddar	1.25kg	£15.39 per kg
10794	Strathdon Blue	1.3kg	£21.69 per kg
1050	Anster Cheese	1.5kg	£19.99 per kg
5083	St. Andrews Cheddar	1.5kg	£20.99 per kg
5091	Smoked St Andres Cheddar	1.5kg	£22.99 per kg

## UK Cheese

10272	Applewood Smoked (Ilchester)	1.5kg	£27.79
11713	Wenslydale (Pre-Order)	2.5kg	£11.39 per kg
11692	Black Bomber Strong Cheddar in Wax	2kg	£46.49
4012	Goat Cheese Pearls	71 x 7g	£20.69
5045	Full Fat Soft Cheese (Yester Farm Dairy)	2kg	£10.29
10043	Wenslydale & Cranberry (Pre-Order)	1.5kg	£16.19 per kg
10224	Goats Curd	1kg	£16.99
35013	Truffle Cheddar	150g	£6.89



## ST ANDREWS FARMHOUSE CHEDDAR

£20.99 per kilo code 5083

A rich, buttery cheese with a golden yellow curd. Crumbly, yet creamy in texture, this cheese is tangy, salty and full of complex character with well balanced acidity and a real depth of flavour that lingers. A taste of the pastureland. Typically aged for at least 9 months.

Recent awards include Best Dairy Product in the Scotland Food and Drink Awards 2018; Silver in the World Cheese Awards 2018/2019; 3 stars in the Great Taste Awards 2019; Best Cheddar, Best Scottish Cheese, overall Supreme Cheese Champion at The Royal Highland Show Dairy Championships 2021 and Gold at The International Cheese and Dairy Awards 2021 and 2022.



## Whiskey Smoked St Andrews Cheddar

£22.99 per kilo code 5091

Traditionally smoked over oak chips infused with whiskey. The result is an amber coloured curd with a pleasant Smoky flavour which does not overpower the cheese.



## ANSTER CHEESE

£19.99 per kilo code 1050

A delicate, pale, crumbly cheese – reminiscent of Caerphilly. The flavour is mild, yet complex with a touch of citrus on the finish and cellar-ish, almost mushroomy, notes next to the natural rind. Typically aged for 2 – 4 months.

Recent awards include 2 stars in the Great Taste Awards 2019; Silver in the World Cheese Awards 2018/2019 ; Gold in the Raw Milk Cheese class at Melton Mowbray and also Best Scottish Cheese at the Melton Mowbray Cheese Awards 2021 and 2022. Gold at the Royal Highland Show Dairy Championships 2022.





## Block Cheese

10443	Mild White Cheddar Block	5kg approx	£33.29
5042	Matured White Cheddar Block	5kg approx	£35.99
10859	Red Mature Cheddar Block	5kg approx	£39.99
10270	Red Mild Cheddar Block	5kg approx	£36.39
10486	Monterey Jack	2.2kg	£10.39 per kg
10883	Mozzarella Cheese	1kg	£7.89 per kg
11400	Stilton	2kg	£15.79 per kg

## Sliced Cheese

10531	Mild Red Cheddar Slices	50 x 20g	£8.99
10280	Mild White Cheddar Slices	50 x 20g	£8.29
10013	Emmental Slices	50 x 20g	£9.79
10004	Monterey Jack Slices	50 x 20g	£8.49

## Grated Cheese

5555	Mild Red Cheddar	2kg	£15.79
10299	White Mature Cheddar	2kg	£14.19
5056	White Mild Cheddar	2kg	£14.99
10964	Mozzarella	2kg	£14.99

## Imported Cheese

10083	Brie 60%	1kg	£9.39
10081	Brie De Meaux	3kg	£21.89 per kg
10285	Mini Camembert	250g	£3.59
11691	Philadelphia Cheese (Original)	1.65kg	£20.09
10385	Goats Cheese Crottins	x12	£21.79
4002	Burrata	125g	£2.29



# CHEESE

### Imported Cheese - Continued

10582	Emmental	2kg	£15.89 per kg
10607	Feta Cheese, Greek	900g	£9.69
10289	Goats Cheese Log	1kg	£11.59
10683	Gorgonzola Foil Wrap	1.5kg	£19.89 per kg
10684	Gruyere Cheese	1kg	£22.99 per kg
10742	Halloumi Cheese	250g	£2.69
10879	Manchego	3kg	£30.99 per kg
3100	Mascarpone	2kg	£13.79
10882	Cows Mozzarella (Balls)	125g	£1.09
10881	Buffalo Mozzarella (Balls)	125g	£1.79
10884	Mozzarella Bocconcino	150g	£2.89
11087	Parmesan Block (Grana Padano)	1kg	£17.29 per kg
11091	Parmesan Reggiano ( Aged 24 months)	1kg	£24.19 per kg
10446	Reblechon	450g	£9.79
11289	Ricotta	1.5kg	£8.19



### HIGHLAND FINE CHEESES

*Artisan Cheeses from the Highlands of Scotland*

Passionately created in Tain, Highland Fine Cheeses came to life on Blarliath Farm - amounting to some 80 acres running along the coast of the Dornoch Firth and to the west of Tain.



Code	Product	Size	Price
10271	Blue Murder	625g	£21.69 per kg
10794	Strathdon Blue	1.3kg	£21.69 per kg
10852	Gruth Dhu (Black Crowdie)	500g	£9.99
10283	Morangie Brie	250g	£4.99



### MINGER CHEESE

Soft Wash Rind  
(code 23033, 250g)  
**£22.69 per kg**



Manufactured using pasteurised cow's milk. A soft, washed rind cheese with a strong washed rind aroma and a soft fresh creamy centre. Suitable for vegetarians.

### FAT COW CHEESE

Semi-Hard  
(code 13054, 1.25kg)  
**£22.69 per kg**



Manufactured using pasteurised cow's milk & matured for minimum three month period. A semi hard, washed rind cheese with a strong meaty aroma, yet a sweet delicate flavour and smooth texture. Suitable for vegetarians.





# Pinsa Romana Sourdough



Pinsa Romana **Sourdough Round**  
3 x 250g, code 28045  
£6.99

Pinsa Romana **Sourdough Oval**  
2 x 230g, code 28046  
£4.49



## Bread & Rolls

2018	Thick Brown Bread		£P.O.A
2003	Medium Brown Bread		£P.O.A
2002	Medium White Bread		£P.O.A
2017	Thick White Bread		£P.O.A
2023	Cracked Wheaten Rolls	x12	£P.O.A
2024	Scottish Morning Rolls	x12	£P.O.A
144	Potato Scones (Pre - Pack)	x6	£P.O.A
35026	Tortilla Wraps Ambient	30cm x 18	£4.69
1442	Scotch Pancakes (Pre-Packed)	x6	£P.O.A
2021	Thick Sliced White Bloomer		£P.O.A
2022	Thick Sliced Malted Bloomer		£P.O.A
2051	Extra Thick Sliced White Bloomer		£P.O.A
2052	Extra Thick Sliced Malted Bloomer		£P.O.A
25463	Hovis Thick Sliced White Bread		£P.O.A
25464	Hovis Medium Sliced White Bread		£P.O.A
25466	Hovis Medium Sliced Wholemeal Bread		£P.O.A
25467	Hovis Thick Sliced Wholemeal Bread		£P.O.A
25472	Hovis Sliced 7 Seed Loaf		£P.O.A
28046	Pinsa Tomana Oval	2 x 230g	£4.49
28045	Pinsa Tomana Round	3 x 250g	£6.99
4038	Mediterranean Flat Breads (Pre-Order)		£2.09

## Frozen

13049	Ciabatta Bread	x40	£20.69
13051	Plain White Panini	x60	£22.59
13050	White Petit Pain	x70	£12.39

## Pastry (Frozen)

13046	Filo Pastry Jus-Rol	500g	£3.39
13044	Puff Pastry Jus-Rol	1.5kg	£5.29
13045	Short Crust Pastry Jus-Rol	1.5kg	£5.59

Please Note:- Frozen/Tempered Products have been previously frozen, it is not recommended to re-freeze.





OVER 150 YEARS



**Premium Teabags**

x1100, code 4041  
£23.89

**Earl Grey Tea**

x250, code 4042  
£17.49

**Breakfast Tea**

x250, code 4043  
£17.49

**Foresta Coffee Beans**

1kg, code 5102  
£18.99



**Mark Murphy**  
Part of **Dole** Foodservice



**Mark Murphy**  
Part of **Dole** Foodservice

**Italian Bar Blend (1kg Bag)**  
**Coffee Beans Roasted**

**£13.49**  
(code 33124)



**Discover why the Italians**  
**love their coffee.**



## Chilled Fruit Purees



**Mango**  
code: 26484  
£9.49



**Raspberry**  
code: 26488  
£12.89



**Strawberry**  
code: 26489  
£7.49



**Peach**  
code: 26486  
£7.59



**Passion Fruit**  
code: 26485  
£10.39



**Cherry**  
code: 26478  
£8.29



**Blackcurrant**  
code: 26475  
£8.99



**Coconut**  
code: 26479  
£9.89



**Blood Orange**  
code: 26476  
£7.59



**Blackberry**  
code: 26474  
£10.79



**Blueberry**  
code: 26477  
£11.69



**Green Apple**  
code: 26481  
£6.19

All 1kg

10,000 years in the making and it's here!

*Sourced directly from Loch Ness and bottled in Inverness, the capital of the Highlands.*



**12 x 330ml**  
**£7.99** + VAT  
(82p per bottle)

**Still or Sparkling**  
(code 38007) (code 38006)



Also

**6 x 750ml Still or Sparkling - £7.59 + VAT**  
(code 38011) (code 38010)



Still



Sparkling



# Freshly Squeezed Juice



**Orange with bits** (2.27 Litre)  
**£6.19**•VAT  
code: 050

**Apple** (2.27 Litre)  
**£6.19**•VAT  
code: 051

**Lemon** (1 Litre)  
**£8.99**•VAT  
code: 047



**Lime** (1 Litre)  
**£8.19**•VAT  
code: 054



**Red Grapefruit** (2.27 Litre)  
**£8.09**•VAT  
code: 052

# Kulana

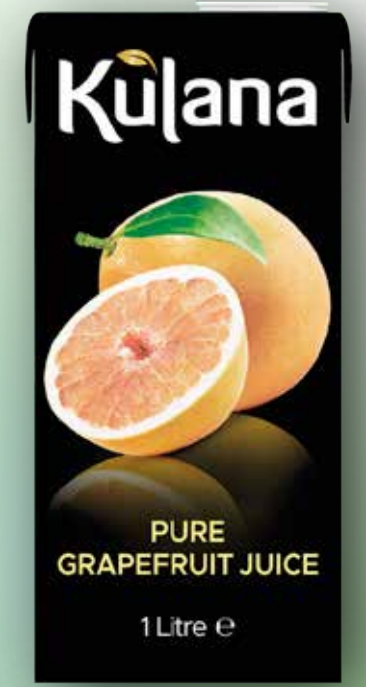
Pure Juice from concentrate



12 x 1 Litre  
**£22.39** + VAT  
(code 10902)



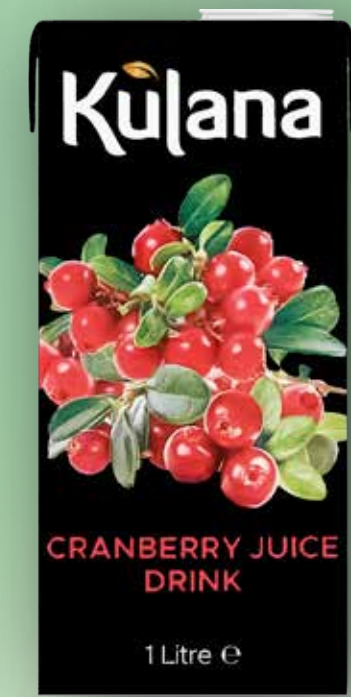
12 x 1 Litre  
**£14.19** + VAT  
(code 10904)



12 x 1 Litre  
**£14.99** + VAT  
(code 10907)



12 x 1 Litre  
**£12.69** + VAT  
(code 10906)



12 x 1 Litre  
**£11.79** + VAT  
(code 10903)



12 x 1 Litre  
**£16.69** + VAT  
(code 10905)







## Freshers Dilutes

An extensive range of high quality, great tasting dilutable soft drinks that don't cost the earth!

Sleek, modern packaging and easy to pour. Offer a quality tasting dilute for all environments at a great price.

**Orange**

**£4.69 + VAT**

(5Ltr, code 19018)

Concentrated no added sugar with sweeteners



**Blackcurrant**

**£6.19 + VAT**

(5Ltr, code 19016)

Concentrated no added sugar with sweeteners



**freshers®**

**Tried, Tested, Trusted**

Developed specifically for great taste and cost effectiveness.

**Lime**

**£5.19 + VAT**

(5Ltr, code 19015)

Concentrated with added sugar and sweeteners



**Lemon**

**£4.99 + VAT**

(5Ltr, code 19017)

Concentrated no added sugar with sweeteners



# DRINKS

## Hot Drinks

4041	Brodies Premium Teabags	x1100	£23.89
4042	Brodies Earl Grey	x250	£17.49
4041	Breakfast Tea	x250	£17.49
5102	Foresta Coffee Beans	1kg	£18.99
33124	Italian Roasted Coffee Beans	1kg	£17.19
5054	Nescafé Original Coffee Granules	750g	£25.69
17031	Cadbury's Hot Chocolate	2kg	£23.99

## Bottled Water

38003	Bottled Sparkling Water	24 x 500ml	£5.69 + VAT
38004	Bottled Still Water	24 x 500ml	£4.69 + VAT
38006	Ness Water Sparkling	12 x 330ml	£7.99 + VAT
38007	Ness Water Still	12 x 330ml	£7.99 + VAT
38010	Ness Water Sparkling	6 x 750ml	£7.59 + VAT
38011	Ness Water Still	6 x 750ml	£7.59 + VAT

## Freshly Squeezed Juice

050	Orange Juice	2.27 Litre	£6.19 + VAT
051	Apple Juice	2.27 Litre	£6.19 + VAT
047	Lemon Juice	1 Litre	£8.99 + VAT
054	Lime Juice	1 Litre	£8.19 + VAT
052	Grapefruit Juice	2.27 Litre	£8.09 + VAT

## Kulana - Sold as Full Cases

10902	Orange Juice	12 x 1 Litre	£22.39 + VAT
10904	Apple Juice	12 x 1 Litre	£14.19 + VAT
10907	Grapefruit Juice	12 x 1 Litre	£14.99 + VAT
10906	Tomato Juice	12 x 1 Litre	£12.69 + VAT
10905	Pineapple Juice	12 x 1 Litre	£16.69 + VAT
10903	Cranberry Juice	12 x 1 Litre	£11.79 + VAT
19014	Tropical Juice	12 x 1 Litre	£9.49 + VAT
19013	Mango Juice	12 x 1 Litre	£16.69 + VAT

## Freshers Dilutes

19018	Orange	5 Litre	£4.69 + VAT
19016	Blackcurrant	5 Litre	£6.19 + VAT
19015	Lime	5 Litre	£5.19 + VAT
19017	Lemon	5 Litre	£4.99 + VAT



# FROZEN

## Mash/Onion Rings/Hash Browns

13011	Plain Mash	2.5kg	£6.19
13012	Hash Browns	2.5kg	£8.19
13015	Beer Battered Natural Onion Rings	1kg	£5.69

## Fruit

13043	Forrest Fruits	1kg	£3.99
13016	Summer Fruits	1kg	£3.99
13038	Blackberries	1kg	£4.99
13041	Blackcurrants	1kg	£4.99
13017	Blueberries	1kg	£6.59
13030	Blueberries	2.5kg	£17.59
13039	Cranberries	1kg	£4.69
13040	Raspberries	1kg	£7.89
13029	Raspberries	2.5kg	£19.49
13028	Strawberries	1kg	£3.99
13042	Strawberries	2.5kg	£8.99
13031	Gooseberries	2.5kg	£12.99
13070	Honeyberries	2.5kg	£28.69

## Vegetables

13060	Garden Peas	907g	£1.89
13022	Sweetcorn	907g	£2.39
13023	Petit Pois	907g	£1.99
11461	Silverskin Onions	907g	£2.09
13037	Spinach Block Leaf	2.5kg	£4.79
13036	Broad Beans	907g	£2.09
10919	Cep Mushrooms	1kg	£33.69
10912	Chanterelle Mushrooms	1kg	£31.69
13063	Broccoli Florets	2.5kg	£6.79
13021	Whole Fine Beans	907g	£1.79
13064	Cauliflower Florets	2.5kg	£5.09
33005	Guacamole	500g	£3.99
13026	Cauliflower Florets	907g	£1.79
13065	Sliced Mixed Peppers	907g	£2.69

## Bread

13049	Ciabatta Bread	x40	£20.69
13051	Plain White Panini	x30	£22.59
13050	White Petit Pain	x70	£12.39

## Pastry

13046	Filo Pastry Jus-Rol	500g	£3.39
13044	Puff Pastry Jus-Rol	1.5kg	£5.29
13045	Short Crust Pastry Jus-Rol	1.5kg	£5.59
11732	Won Ton Pastry	200g	£2.59
33047	Spring Roll Pastry	10" x 10"	£2.09

Please Note:- Frozen/Tempered Products have been previously frozen, it is not recommended to re-freeze

Meet the  
Honeyberry  
healthy, versatile,  
and uniquely tasty!



# SCOTTISH HONEYBERRY



13070	Frozen Honeyberries (2.5kg)	£28.69
17039	Freeze Dried Honeyberries (50g)	£5.79



**SCOTTISH  
HONEYBERRY  
GROWERS**

Our range of frozen items are delivered chilled. Please do not refreeze.



# Koffmann's Frozen Frites Range

## LES POMMES FRITES PETITES

£20.49



7mm - 4 x 2.27kg  
code: 13058

## LES POMMES FRITES

£20.49



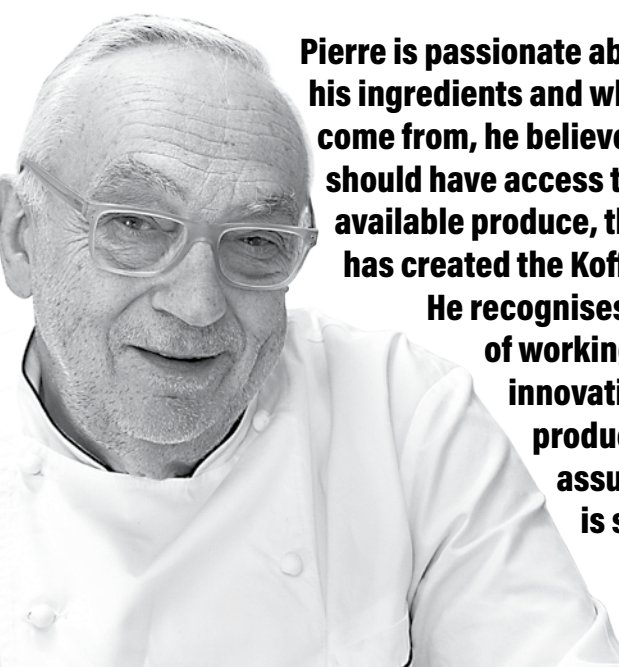
10mm - 4 x 2.27kg  
code: 4999

## LES GRANDES FRITES XXL

£20.49



19mm - 4 x 2.27kg  
code: 13059



Pierre is passionate about his ingredients and where they come from, he believes that all should have access to the best available produce, this is why he has created the Koffmann's range.

He recognises the importance of working closely with innovative growers and producers who can assure a quality that is second to none.

# Koffmann's Frozen Frites Range

## PRODUCT FEATURES:

Gluten Free

No Palm Oil

Taste Consistency

Suitable for Vegans

Triple Blanched and Double Fried

Crispy outer skin - Soft fluffy inside

Yellow flesh varieties - selected by Pierre

Products will be lightly coated to produce a 'Crunch' and a memorable taste experience.

## OUR FRITES ARE FAMOUSLY USED BY:

MARCO  
PIERRE  
WHITE  
ESTD 1961

GORDON RAMSAY  
RESTAURANTS

JASON a THERTON KERRIDGE



AVAILABLE  
NOW







Protection  
with a sealing lid



Partial or total opening,  
by choice, with a double  
tab lid



Easy-to-open



Easy  
one-handed grip



Leak-proof



## Frozen / Tempered - Boiron Fruit Puree

10001	Apple	1kg	£8.89
10002	Apricot	1kg	£10.99
10059	Banana	1kg	£8.89
10060	Blackberry	1kg	£14.59
11218	Black Cherry	1kg	£13.99
10062	Blackcurrant	1kg	£11.99
11010	Blood Orange	1kg	£10.39
11058	Blood Peach	1kg	£10.29
11268	Blueberry	1kg	£15.69
10692	Lemon	1kg	£8.89
10826	Lime	1kg	£9.99
10827	Lychee	1kg	£11.99
10865	Mandarin	1kg	£9.69
10866	Mango	1kg	£12.79
11059	Passion Fruit	1kg	£13.79
11063	Pear	1kg	£9.29
11064	Pineapple	1kg	£10.99
11277	Raspberry	1kg	£13.59
10061	Red Cherry	1kg	£10.19
11279	Rhubarb	1kg	£14.59
11388	Strawberry	1kg	£9.59
11061	White Peach	1kg	£9.89
28008	Sea Buckthorn	1kg	£15.49

## Ponthier Puree (Chilled)

26484	Mango	1kg	£9.49
26488	Raspberry	1kg	£12.89
26489	Strawberry	1kg	£7.49
26486	Peach	1kg	£7.59
26485	Passion Fruit	1kg	£10.39
26478	Cherry	1kg	£8.29
26475	Blackcurrant	1kg	£8.99
26479	Coconut	1kg	£9.89
26476	Blood Orange	1kg	£7.59
26474	Blackberry	1kg	£10.79
26477	Blueberry	1kg	£11.69
26481	Green Apple	1kg	£6.19

## Coulis (Frozen / Tempered)

11245	Raspberry Coulis	500g	£8.49
11011	Strawberry Coulis	500g	£6.99

Please Note:- Frozen/Tempered Products have been previously frozen, it is not recommended to re-freeze.



# CLEANING

# CLEANING



**Medium Blue Cloths**  
Code: 11655

- Absorbent & versatile
- Ideal for a number of cleaning tasks
- Cloth Size: 50 x 36cm

**50pk      £2.99 +VAT**



**Sponge Back Scourers**  
Code: 10721

- Strong & Extra large with a specially contoured nail-guard for improved grip and protection
- Ideal for all general purpose cleaning tasks
- Scourer Size: 13.5cm x 7cm

**10pk      £2.19 +VAT**



**BLUE ROLL 18cm X 104m (1 x 6pcs)**  
Code: 11525

- 100m
- 2 ply

**x6      £8.99 +VAT**



**2 Ply Jumbo Toilet Rolls**  
Code: 35023

- 6 X 300m X 88mm
- 2 ply

**x12      £17.69 +VAT**



**Blue Vinyl Gloves**  
Code: 11649 (Sm), 11651 (Med),  
11652 (Lg), 11653 (XLg)

- Non Powdered
- x100

**£3.79 +VAT**



**Heavy Duty Refuse Sacks**  
Code: 11648

- 18 x 29 x 39"
- x200

**£14.39 +VAT**



**Stainless Steel Scourers - Heavy Duty**  
Code: 27644

- Powerful and Extra Large
- Ideal for the toughest cleaning tasks
- 100% stainless steel
- 40grm

**10pk      £3.69 +VAT**



**Luxury Ultra Soft Toilet Tissues**  
Code: 4017

- Ultra Soft

**x40      £14.69 +VAT**

Code	Product	Size	Price
5050	Oven Cleaner Spray	6 x 750ml	£20.29 +VAT
24006	Clear Bin Bags (457 x 736 x 965mm)	x200	£16.69 +VAT



**Sanitiser**

- code: 5049
- Un-perfumed cleaner sanitiser
  - Kills bacteria; passes EN 1276

**6 x 750ml      £13.59 +VAT**



**Degreaser**

- code: 5052
- Heavy duty un-perfumed cleaner degreaser
  - Removes ingrained soiling

**6 x 750ml      £14.29 +VAT**



**Washroom Cleaner**

- code: 5239
- Heavy duty, foaming washroom cleaner
  - Long lasting fragrance
  - Kills bacteria, passes EN 1276

**750ml      £2.69 +VAT**



**Toilet Cleaner**

- code: 5237
- Highly perfumed
  - Suitable for porcelain & Stainless steel

**1 Litre      £1.89 +VAT**



**Hand Soap**

- code: 5223
- High grade, Un-perfumed

**5 Litre      £10.19 +VAT**



**Washing Up Liquid**

- code: 5238
- Effective in all water conditions

**5 Litre      £5.99 +VAT**



**Glasswash**

- code: 5222
- For automatic machines
  - Low foaming detergent

**5 Litre      £7.09 +VAT**



**Dishwash Multi**

- code: 5213
- For automatic machines
  - Low foaming detergent

**5 Litre      £7.79 +VAT**



**Rinse Aid**

- code: 5227
- For automatic machines
  - Promotes rapid drying

**5 Litre      £8.49 +VAT**



**Lemon Floor Cleaning Gel**

- code: 5219
- Multi purpose cleaner & deodoriser

**5 Litre      £9.19 +VAT**

Code	Product	Size	Price
5232	Sanitiser Concentrate	5ltr	£10.19 +VAT
5240	Window Cleaner Concentrate	5ltr	£8.49 +VAT
10722	Scouring Pads (Green)	15cmX23cm (X 10)	£1.99 + VAT
10723	Sponge Cloth (Blue)	x 10	£3.39 + VAT
32304	Napkins White (33cm)	2 Ply	£27.99 + VAT
29691	Z fold White Hand Towel	15X200mm	£19.99 + VAT
11494	Silicone Paper (Non-Stick 480s)	400mm X 600m	£29.99 + VAT
10264	Labels 4 Food Allergen	x 500	£6.29 + VAT
35025	Tea Lights (8 Hour)	x 50	£4.69 +VAT
35028	Bulk Toilet Tissue	36pks x 250 sheets	£23.29 +VAT





# Premium Meal Prep Containers



**Great for Dry Storage**

**Great for Storing Food Prep**

**Ideal for Dry Nuts – Fruits – Ingredients**

Refresh the kitchen/stores with clean new containers



**2 Litre**

**£7.99 + VAT**  
for 10 tubs with lids  
code 11457



**4 Litre**

**£4.79 + VAT**  
for 5 tubs with lids  
code 11458

**Also**  
**Takeaway Box & Lid, x20**  
**£2.89 + VAT** code 5201



(10038)  
Cling film  
450mm x 300m (cutter boxes)

**£7.39 + vat**



(10039)  
Aluminium foil  
450mm x 75m (cutter boxes)

**£8.39 + vat**



(10737)  
Baking Parchment  
450mm x 50m (cutter boxes)

**£5.79 + vat**



(33166)  
3 pack cling film dispenser refill

**£37.89 + vat**



(33075)  
Aluminium foil  
450mm x 75m (dispenser refill)

**£37.19 + vat**



(33074)  
Baking parchment  
450mm x 50m (dispenser refill)

**£18.29 + vat**



(11495)  
21" Piping bags x 100

**£9.19 + vat**



(33165)  
Speedwrap dispenser machine  
for refills

**£37.89 + vat**



# Stay in touch



## Charcoal

10kg code 5094

£26.99

- A great alternative to regular BBQ charcoal.
- Crafted from dense hardwoods using traditional-old methods.
- Will burn at higher temperatures for extended periods.
- No unpleasant odours which makes it perfect for preserving natural flavours while cooking.
- The chefs choice for cooking on hot coals.



## Sign Up For Free

@ [www.dole.co.uk](http://www.dole.co.uk)



To ORDER PLEASE CALL 0131 458 6060 (OPT 1) OR EMAIL: [ORDERS@MARKMURPHYDOLE.COM](mailto:ORDERS@MARKMURPHYDOLE.COM)



@TOTALEDINBURGH @MARKMURPHYTP @MARKMURPHYTP MARK MURPHY TP @MARKMURPHYTP @MARKMURPHYTP969



# Terms and Conditions of Sale

1. Preliminary  
Dole PLC and Redbridge Holdings Limited and their subsidiaries ("the Company") and the person, RM or company ("the Customer") with whom the sale and purchase of any goods is agreed ("The Goods") in any contract ("the Contract) to be supplied to the Customer by the Company shall be subject to and upon these conditions.

2. Entire Agreement  
These conditions and the documents referred to in them constitute the entire agreement between the Company and the Customer and supercedes any previous agreement between them, including any terms and conditions which the Customer purports to apply under any purchase order, confirmation of order, specification or other document.

3. Limits of Contract  
Each order by the Customer is accepted by the Company on the basis that these Conditions shall apply to the Contract between them for the supply of the Goods detailed in the order.

4. Delivery and Risk

4.1 . Any dates specified by the Company for delivery of the Goods are intended to be an estimate and time for delivery shall not be made of the essence by notice. The Company shall endeavour to keep to any stated dispatch or delivery date, and shall use its own drivers or make other such arrangements as the Company sees fit for the delivery of the Goods to the Customer.

4.2 . If any order for Goods is to be delivered by several instalments, each such instalment shall be treated as a separate and identifiable contract, and shall be invoiced and paid in accordance with the provisions of the Contract. The Company shall be entitled to suspend or cancel delivery whilst payment is overdue in respect of any previous instalment or under any other contract with the Customer, without prejudice to the exercise of any other rights hereunder or under any other such contract.

4.3. All risks, whether insurable or otherwise, relating to the Goods shall pass to the Customer upon the Goods being left at the Customers premises irrespective of whether or not the costs of transportation of the Goods is payable by the Customer.

4.4. If for any reason the Customer fails to accept delivery of any Goods when they are ready for delivery, or the Company is unable to deliver the Goods on time because of a lack of instruction from the Customer, the risk in the Goods shall pass to the Buyer (including for loss or damage caused by the Company's negligence) and the Goods shall be deemed to have been delivered.

4.5 . The Company shall not be liable to the Customer for any:

4.5.1 pure economic loss;

4.5.2 loss of profits;

4.5.3 loss of business;

4.5.4 depletion of goodwill;

4.5.5 costs;

4.5.6 damages;

4.5.7 expenses; or

4.5.8 business opportunity, or any direct, indirect or consequential loss or damage caused directly or indirectly by any delay in the delivery of the Goods (even if caused by the Company's negligence), nor shall any delay entitle the Customer to terminate or rescind the Contract unless such delay exceeds 2 days.

5. Price

5.1. Unless otherwise agreed by the Company in writing, the price for the Goods shall be the price set out in the Company's price list published on the date of delivery. The Company reserves the right to alter its price as well as the specifications, type or quality of the Goods at any time.

5.2. The price for the Goods shall be exclusive of any value added tax.

6. Payment

6.1. Payment of the price of the Goods is (due in cash within 7 days) of the date of the invoice together with VAT where applicable at the appropriate rate, unless the Company has an approved credit account expressly agreed in writing with the Company.

6.2. The Company reserves the right at any time in its absolute discretion to revoke or vary any credit extended to the Customer.

6.3. The Company reserves the right to charge interest pursuant to the Late Payment of Commercial Debts (Interest) Act 1998 as amended or modified, and in force from time to time, on any sums outstanding after the due date for payment.

7. Set-Off  
The Company shall be entitled at any time whatsoever, without notice to the Customer, to set-off any amounts due on any accounts whatsoever owed to the Company by the Customer against any amounts due on any accounts whatsoever owed to the Customer by the Company.

8. Defective Goods

8.1. The Company warrants that upon delivery the Goods are free from defects, but gives no warranty whatsoever, nor shall such a warranty be implied, that the Goods are suitable in size, shape, quality, capacity or otherwise for the purpose for which the Goods are brought. The Customer should inspect the Goods as soon as possible after they are delivered and take care to protect them from deterioration whilst awaiting use.

8.2. The foregoing warranty does not extend to any Goods which have been accidentally damaged or which have been neglected or used in any way so as to adversely affect their quality or use under normal conditions

8.3. Notwithstanding that samples of the Goods have been exhibited to and inspected by the Customer it is hereby agreed and declared that such samples were so exhibited and inspected solely to enable the Customer to judge the quality of the bulk and not so as to constitute a sale by sample under this Contract.

8.4. The Company shall, at its discretion, either replace defective Goods or give credit for such Goods in a sum not exceeding their invoice value should they prove defective upon delivery, provided that the Customer notifies the Company of any claim immediately following its inspection of the Goods, and returns the defective Goods to the Company for inspection within 6 hours of delivery. such notification must also be confirmed in writing and received by the Company, in letter or fax form, within 24 hours of delivery. In the absence of such confirmation the Goods shall be deemed to have been accepted. A complaint in respect of alleged defective Goods shall not be grounds for withholding payments by the Customer or the Customer's account and shall not give any right of set off against payment due from the Customer to the Company.

8.5. The Customer must preserve whatever rights of action it may have against third parties in respect of such loss, defects or damages to the Goods.

8.6. In the event of there being any dispute as to whether or not the Goods are defective at the time of delivery the Company shall be entitled to apply such tests as may be necessary but the Company shall not be responsible for any loss occurring or for any damage to the Goods occasioned by such tests.

9. Limitation of Liability

9.1. No provision of these Conditions shall operate or be constructed to operate so as to exclude or restrict the Company's liability other than to the extent permitted under the provisions of any UK legislation in force from time to time.

9.2. The Company accepts no liability for any costs, expenses, loss or damage, including any loss (including consequential loss) or damage whether direct or indirect save as provided in these Conditions, and provided that nothing in these Conditions shall restrict or exclude liability for death or personal injury caused by the Company's negligence or affect the statutory rights of any person dealing as a consumer.

9.3. Save as otherwise required by UK legislation, the Company's total liability for any loss, damages, costs or expenses shall not exceed an amount equal to the invoice value for the Goods.

10. Suspension or Termination on Breach  
The Company reserves the right to suspend, delay or terminate any contract or to require payment in advance if the Customer is in breach of any of its obligations to the Company, if the Customer suers execution or distress to be levied upon any of its property, or if (being an individual) the Customer become bankrupt or makes any arrangement with its creditors, or (being a company) enter into liquidation (whether compulsory or voluntary), or shall have a receiver or administrative receiver appointed of all or any of its assets. Upon occurrence of any of the above events the Company shall (in addition to its rights to recover from the Customer all sums due to the Company) have the right to recover or deduct or set-off the amount of any loss, damage or expense incurred by the Company by reason of the Customers breach and (in the case of termination of any contract) the right to recover any goods supplied and to retain or sell them. The Company also shall be entitled to withhold any monies that are owed to the Customer by the Company as contra payment of any of the above breaches.

11. Force Majeure  
The Company reserves the right to defer the date of delivery or to cancel the Contract or reduce the volume of the Goods ordered by the Customer (without liability to the Customer) if it is prevented from or delayed in the carrying on of its business due to circumstance beyond the reasonable control of the Company including, without limitation, acts of God, governmental actions, war or national emergency, acts of terrorism, protests, riot, civil commotion, fire explosion, flood, epidemic, lock-outs, strikes or other labour disputes (whether or not relating to either party's workforce), or restraints or delays affecting carriers or inability or delay in obtaining supplies of adequate or suitable materials, provided that, if the event in question continues for a continuous period in excess of 2 days, the Customer shall be entitled to give notice in writing to the Company to terminate the Contract.

12. Notices  
Any notice to be served on the Company shall not be validly served unless it is sent by prepaid registered post to the Company's sales manager at the address specified on the fact of the invoice.

13. General

13.1. These conditions shall apply to any contract between the Company and the Customer for the supply of the goods detailed herein, excluding all other terms and conditions, including any terms of these Conditions which you may purport to apply.

13.2. No failure to exercise or delay in exercising any right, power or remedy under these Conditions will operate as a waiver of that right, power or remedy. Any waiver of a breach of any terms of these Conditions, does not constitute a waiver of any other breach and shall not affect the other terms of these Conditions.

13.4. The parties to the Contract do not intend that any term of the Contract shall be enforceable by virtue of the Contracts (Rights of Third Parties) Act 1999 by any person that is not a party to it.

13.5. The laws of England and Wales shall govern the validity, construction and performance of this contract and you agree to submit to the non-exclusive Jurisdiction of the court in England and Wales.



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Béchamel Sauce	21	Curry Powder	10	Hand Soap	92	Nuts	13, 31, 32	Salt	7, 8, 9
Bin Bags	91	Curry Mix	36, 44	Hash Browns	85			Sanitisers	92
Biscuits	24-26, 28	Custard UHT	21	Herbs	8	<b>O</b>		Sauces	36, 43, 45, 46, 55
Black Garlic	58			Hoi Sin Sauce	55	Oat Milk	57	Scourers	91
Black Pudding	36, 39, 57	<b>D</b>		Hollandaise Sauce UHT	21	Oatcakes	24, 26	Sea Salt	7, 8, 9
Blue Cheese	72, 74	Dairy Free Milk	57	Honey	51, 52	Oats	19	Seaweeds	27, 55
Bouillon	36, 42	Demi-Glace	47	Honeyberry	86	Oils	33, 34	Seeds	10, 13
Bread	76, 85	Dilutes Drinks	83, 84	Horseradish	43	Olive Oil	33	Semi-Dried Tomatoes	18, 20
Breadcrumbs	53, 55, 57	Double Cream	63	Hot Chocolate	84	Olives	17, 31	Semolina	19
Brie	67, 69, 72	Double Cream UHT	21	Hummus	18, 57	Onion Rings	85	Sesame	13
Broccoli Snacks	29	Dressings	33, 34, 44,	<b>I</b>		Orange Juice	81, 82	Sesame Oil	33
Brown Sauce	43	Dried Fruit	14	Instant Coffee	84			Shortbread	24, 28
Butter	60, 61	Dried Herbs	8	<b>J</b>		<b>P</b>		Single Cream	63
		Drinks	80-84	Jackfruit	14, 57	Pancetta	36, 38	Sliced Beef	36
<b>C</b>		Duck Fat	36	Jam	50, 51	Panko Breadcrumbs	53, 55, 57	Sliced Cheese	72
Capers	17, 20	Dulse	27	Juices	81, 82, 84	Parmesan	73	Sliced Ham	36, 37
Caviar	20			Jus	46	Passata	20	Sliced Meats	36, 37
Cheddar	69, 70, 72	<b>E</b>		<b>K</b>		Pasta	53, 57	Sliced Turkey	36, 37
Cheese	67, 69, 70, 72-74	Egg Whites	59	Ketchup	43, 44	Pastrami	36, 37	Smoked Salmon	35
Chickpeas	19	Egg Yolk	59	Kidney Beans	19	Pastry	23, 24, 54, 57, 76, 85	Snacks	11, 28-32
Chillies	10	Eggs	60	Kombu	27	Pastry Cases	23, 24	Sourdough Base	75
Chilli Sauce	44, 55	Essential Cuisine	45-48			Paté	16 36, 38	Soured Cream	63, 66
Chips	53, 87			<b>L</b>		Peanut Butter	51	Soya Milk	57
Charcoal	96	<b>F</b>		Lentils	19	Peas - Frozen	85	Soy Sauce	55, 56
Chocolate Mousse	12	Filo Pastry	76, 85	Lime Leaves	10	Pearl Barley	19, 53	Spices	10
Chocolate Powder	12	Fish	20	Liquid Eggs	59, 60	Peeled Garlic	58	Sponge Scourers	91
Chocolates	12	Fish Sauce	55	Loo Rolls	91	Peppers	18, 20, 57, 85	Stock	36, 38, 45-48
Chopped Tomatoes	20	Flour	54, 57			Peppercorns	8	Stuffed Peppers	18, 20
Chorizo	31, 36	Free From Range	57	<b>M</b>		Pesto	44	Stuffed Vine Leaves	18
Chutney	43, 50, 55	Fried Onions	41	Macaroon	24, 68	Piccalilli	49	Stuffing	53
Cleaning Products	91, 92	Frozen Fries	87	Malt Vinegar	33, 44	Pickles	20, 50, 55	Sugar	22
Cling Film	94	Frozen Fruits	85	Maple Syrup	51, 52	Piping Bags	94	Sun Dried Tomatoes	18, 20
Clotted Cream	63	Frozen Fruit Puree	90	Margarine	60	Pinsa Romana	75, 76	Sushi Nori Sheet	55
Coconut	13	Frozen Vegetables	85	Marmalade	50, 51	Polenta	19	Sushi Rice	55
Coconut Milk	55	Fruit Puree	79			Porridge	19	Sweetcorn	19, 85
Coconut Milk for Barista	57	Fruit Juices	81, 82, 84			Protein Golf Balls Snacks	11	Syrup	22, 51, 52, 54
Coconut Oil	33	Fudge	24, 54, 68						
Coffee	77, 78, 84								
								<b>T</b>	
								Table Salt	8
								Tablet	24
								Tahini	44
								Tempura Batter	55, 56
								Tea Bags	77, 84
								Tea Lights	92
								Tea Cakes	24
								Teriyaki Sauce	55, 56
								Tinned Beans	19
								Toilet Cleaner	92
								Tinned Fish	20
								Tinned Fruit	14
								Tinned Tomatoes	20
								Toilet Paper	91
								Tomato Sauce	20, 43, 44
								Tomato Puree	20
								Tortilla Chips	24, 40
								Tortilla Wraps	40, 76
								Treacle	22
								Truffle Dust	10, 16
								Truffle Oil	16, 19, 33, 34
								Truffle Paste	16, 19, 44
								Tuna	20
								<b>V</b>	
								Vanilla Paste	10, 15
								Vanilla Extract	10, 15
								Vanilla Pods	10, 15
								Vegan Range	57
								Vegetable Oil	37
								Vinegar	33, 44
								Vinyl Gloves	91
								<b>W</b>	
								Wasabi Paste	55
								Wasabi Peas	24
								Washing Up Liquid	92
								Water	80, 84
								Whipping Cream UHT	21, 63
								Window Cleaner	92
								<b>Y</b>	
								Yeast	54
								Yoghurt	63-66





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